

College of Graduate and Professional Studies

Department of Counseling

Student Handbook 2017-2018

CACREP-Accredited

Updated 8/2017

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Dear Student,

Loyola's Counseling Program in the Department of Counseling, College of Graduate and Professional Studies, is accredited through the Council for Accreditation of Counseling and Related Educational Programs (CACREP) which offers a master's level curriculum that leads to counselor licensure and certification. Our students are trained according to a scientist-practitioner model; we emphasize academic preparation and clinical training, in equal amounts. Counselors must be carefully trained because the task of helping others entails a wide range of responsibilities, which requires a thorough understanding of mental health issues, and demands a deep personal commitment. While faculty members represent various counseling traditions and theoretical orientations, they rigorously support the idea that counseling interventions, regardless of the approach taken, must foster client independence, freedom, sound decision-making, and accountability. We as faculty embrace these same ideas for you. Your familiarity with this handbook, along with regular student-faculty advising and academic conversations, will help to foster the important goals that we embrace for our students, our clients, and ourselves.

The Counseling Program Faculty

PROGRAM PHILOSOPHY AND MISSION STATEMENT

Loyola's Counseling Program offers students a purposefully designed curriculum that will prepare them personally, academically, and professionally to become skilled clinical mental health or marriage and family counselors. One of the program's main tenants centers on the blending of three types of learning: academic preparation, experiential processing, and selfreflection. Consistent with the Jesuit philosophy of educating the whole person, we designed this program to help students gain knowledge and clinical skills in a planned sequence that builds toward more advanced concepts and more sophisticated interventions. We also emphasize ethical, social, and cultural dimensions throughout the program.

Academic Preparation

We train students to assess, diagnose, and treat mental and emotional disorders using individual, group, and marriage and family interventions. In utilizing these methods, students will learn to ethically conceptualize clients from a theoretical, developmental, vocational, and multicultural perspective. They will become effective research consumers and producers who will evaluate research within the counseling profession.

Experiential Learning

We provide experiential learning throughout the student's program that focuses developing and refining basic and advanced counseling skills. Students work with client actors to practice their skills at the individual and group level, and receive both individual and group supervision. We offer several electives that utilize experiential processing methods, similar to the required courses. Additionally, students will participate in a confidential, semester long personal growth group.

The experiential learning process culminates in the Practicum and Internship courses, where students begin to see clients in a clinical setting. The entire sequence provides opportunities for students to observe counseling activities, develop counseling skills, and interact with clients. Students will receive feedback and supervision as they develop their personal counseling style.

Learning about Self

Counselors are more effective when they can examine their own values, personal characteristics, motivations, and relationships with others. Students will extend their personal philosophies and become aware of themselves and they how relate to others. Throughout the program, faculty will provide many opportunities for self-reflection.

Faculty encourage students to attend individual and/or group counseling during their time in the program. Attending counseling as a client will assist in the process of self-growth, provide a deeper understanding of how the process feels from the perspective of the client, and is beneficial to counselor development.

Collegiality between faculty and students can facilitate personal and professional development. The program is designed to promote the development of close relationships and enhance self-understanding.

Students will sign an Informed Consent at the beginning of their coursework to make them aware that should they disclose information indicating impairment or the potential for harm to clients, they may be required to repeat coursework, to obtain assistance or remediation, and/or terminate their enrollment in the program. Students also understand that in order to successfully complete the counseling program at Loyola University New Orleans, they will be expected to demonstrate academic competence and counseling skills appropriate for a counseling intern, including conducting appropriate interviews and sessions with clients, practicing in a professional and ethical manner, and establishing appropriate relationships with clients to facilitate client progress. Failure to attain such skills may result in students being required to repeat coursework or be dismissed from the program. See Informed Consent in Appendix I.

Program Objectives

In accordance with the program's mission to incorporate academic, experiential, and intra/interpersonal learning, Loyola University New Orleans' counseling program offers a carefully chosen curriculum that blends these three components of learning. Our goal to educate and train students to be ethical, competent, effective, and thoughtful clinical mental health practitioners. The program's objectives include the following:

- 1. To educate students to be clinically and theoretically competent in the practice of counseling.
- 2. To ensure that all counseling students are exposed to and understand the ethical principles associated with counseling and are competent in multicultural issues.
- 3. To ensure that all students practice in an effective and ethical way.
- 4. To provide a diverse and enriching collection of training experiences during the course of the student's academic preparation.
- 5. To integrate course offerings so that students realize how each area is integrated into practice.
- 6. To pursue creative training methods that enhance student learning while honoring ethical concerns.
- 7. To encourage students to pursue additional training throughout their careers as counselors.

(See Appendix II for a checklist on becoming a Licensed Professional Counselor)

CACREP: Council for Accreditation of Counseling and Related Educational Programs

CACREP is an independent agency recognized by the Council for Higher Education Accreditation to accredit both masters and doctoral degree programs. Currently, CACREP provides the accreditation for the Loyola University New Orleans Counseling Program. Specifically, CACREP accredits Loyola's Counseling program in Clinical Mental Health Counseling. Currently, the marriage and family counseling track is not accredited but is in the process of seeking accreditation.

CACREP has standards regarding coursework, clinical experiences, clinical site standards, supervision requirements, program development, faculty degrees and expertise, etc. The faculty will not make accommodations for students that are not in accordance with CACREP standards. More information on CACREP and accreditation can be found at <u>www.cacrep.org</u>.

Advising

Students are assigned a faculty advisor at the beginning of their first semester. It is the student's responsibility to contact this faculty advisor and schedule an appointment to prepare a Plan of Study (POS). Students may register themselves for classes based on their POS and may meet with their advisor on an as needed basis or if their POS changes. It is the student's responsibility to ensure they are following the POS constructed with their advisor. Due to the transformative nature of this program and the high levels of outside reading, writing, research, and personal reflection, students typically take nine hours per fall and spring semesters (some semester may be more than nine hours due to labs), and six hours in the summer. Any student wishing to take more than the recommended course load should consult with their advisor. Students will not be eligible to take more than 13 hours during the fall and spring semesters and more than 9 hours in the summer. The number of courses taken during Practicum and Internship is limited.

Supervision and Evaluation

Supervision in counseling refers to the relationship between the faculty member or clinical supervisor and the student while in laboratory and clinical classes. Supervision is given individually as well as in small groups. Supervision is a CACREP requirement in many of the courses at Loyola. Students are provided supervision during many courses in the counseling program. Supervision can feel very intense for the student. Personal counseling can enhance the student's understanding of self throughout the process. In addition, faculty members will evaluate a student's clinical skills, professional conduct, and ethical practice at any time during their coursework. Faculty and site supervisors will evaluate students during their clinical training. Please see the Professional Counseling Performance Evaluation in Appendix III.

STUDENT REQUIREMENTS AND RESPONSIBILITIES

The Master of Science in Counseling degree offered at Loyola University New Orleans is a 60-hour CACREP accredited program. The department offers various electives in response to the range of issues Clinical Mental Health and Marriage and Family Counselors encounter in practice and based on their particular interests.

Conditional Acceptance

Students under a conditional acceptance must receive a grade no lower than a "B" in the first 18 hours of their counseling department required coursework. Students who earn a grade lower than a "B" (this includes a B-) in any of the first 18 hours of required coursework will be dismissed from the program. In order to facilitate conditionally admitted students' success, the student and their advisor create a POS that is conducive to their needs.

Criminal Background Checks

Students will complete a background check during their first semester. Additionally, most clinical field sites require each student to complete a background check prior to beginning Practicum and Internship. This is a contractual requirement and obligations with our affiliates.

Currently, a background check will review the following:

- Unlimited County Criminal
- National Sexual Offender Registry

- Social Security Alert
- Residence History
- Alias and Maiden Names

Requirements of the background checks may change depending on the contractual agreements with our affiliates. Negative information from the above reviews may disqualify an individual from being considered to participate in a specific internship site and completing the program.

In order to complete this background check, students are directed to the following website for Castle Branch, an on-line third party vendor: <u>https://portal.castlebranch.com/LO20</u> prior to nursing, music, or counseling practice experiences or any other internship program that requires a background check. Students will cover the current cost of the background check that is paid on-line to Castle Branch.

Once the background check has been completed, the student is provided with a password to view the background check on-line. One representative from the counseling department has access to the on-line information. In the event there are negative findings in any area listed above, the Chair of the department will be notified.

Prerequisite Course Work

Students will enroll in the counseling primary courses during their first year to ensure that prerequisites for other classes are met (see plan of study on pg.15). Students must complete prerequisites as outlined in the current Loyola University Graduate Bulletin and the Student Handbook. Students who enroll in course work without having completed the prerequisites will be administratively withdrawn.

Grade Point Average Requirements

Students in the counseling program must maintain a 3.0 GPA in their coursework throughout their tenure in the counseling program as outlined in the Loyola University Graduate Bulletin. Students who are in a dual degree program may not count the courses from the other degree towards their Counseling GPA. Students who fall below the 3.0 GPA requirement (who are not under the conditional requirements outlined in the previous section), will be notified in writing that they are on academic probation. The Graduate Counseling Committee will meet to review the student's status and make recommendations (including possible dismissal from the program).

Several courses exist for which students are not allowed to receive less than a "B", even if they are able to maintain the 3.0 GPA. The courses listed as a "Core Requirement" are considered by the counseling faculty to be so important, that if a student receives lower than a "B" (including B-), the student will be asked to retake the course. The student will not be allowed to take further courses, which require the Core Requirement class as a prerequisite, until he or she has received a "B" or higher in the Core Requirement course. A student who retakes a Core Requirement course and is still unable to get a grade of "B" or higher on the second attempt will be dismissed from the program. These requirements are based on the grading scale listed below. Please see the worksheet outlining all of the courses, Prerequisite Courses, and Core Requirement Courses on page 14 of this Student Handbook.

Loyola University New Orleans Department of Counseling Grading Scale

Grade	Scaling	Quality Points (GPA)	Percentage (%)
А	Excellent	The grade is assigned 4.0 quality points per semester hour.	92.6 - 100
A-	Excellent	The grade is assigned 3.7 quality points per semester hour.	90 - 92.5
B+	Above Average	The grade is assigned 3.3 quality points per semester hour.	87.5 - 89.9
В	Above Average	The grade is assigned 3.0 quality points per semester hour.	82.6 - 87.4
В-	Average	The grade is assigned 2.7 quality points per semester hour.	80 - 82.5
C+	Average	The grade is assigned 2.3 quality points per semester hour.	77.5 – 79.9
С	Average	The grade is assigned 2.0 quality points per semester hour.	72.6 – 77.4
C-	Below Average	The grade is assigned 1.7 quality points per semester hour.	70 – 72.5
D+	Minimally Passing	The grade is assigned 1.3 quality points per semester hour.	67.5 - 69.9
D	Minimally Passing	The grade is assigned 1.0 quality points per semester hour.	65 - 67.4
F	Failure or Failure to Withdraw	No quality points are assigned.	<65

Family Educational Rights and Privacy Act (FERPA)

The counseling faculty, and Loyola University New Orleans intends to fully comply with FERPA guidelines. FERPA affords students certain rights with respect to their education records. FERPA has been designated to protect the privacy of educational records. There are penalties for violating FERPA regulations. If you would like additional information or if you believe your FERPA rights have been violated, you can access additional information on the LUNO website http://2012bulletin.loyno.edu/ferpa-policy-release-information

Age of Course Work for the Masters Degree

Students must complete the degree within seven years. No course work may be more than seven years old at the time of graduation.

Competency Evaluation and Dismissal Policy

Students should be aware that while they are enrolled, faculty members conduct an ongoing evaluation of students' cognitive and psychological capacity to perform the minimal competencies of a professional counselor. It is important to note that even though the student may be evidencing satisfactory performance in academic coursework, student behaviors may be deemed inappropriate for practice in the profession of counseling (see Informed Consent in Appendix I). Faculty members have adopted the following policy in order to fulfill their professional responsibility to protect the rights of the community, other candidates enrolled in the program, as well as those of the student.

Faculty will conduct an ongoing assessment of:

- Class behaviors
- Interactions with other students
- Ability to listen and hear others
- Acceptance of feedback
- Trust level
- Appropriateness of remarks
- Ability to contribute to class discussions
- Communication of ideas
- Level of maturity and professionalism

If in the professional judgment of a department faculty member, a student's behavior is deemed either unethical and/or potentially harmful to self or others, the following steps will be taken:

- The faculty member who has become aware of a problem will meet with the student and offer suggestions for possible changes in the student's behavior.
- The faculty member will fill out a Professional Counseling Performance Evaluation to be given to the student. A copy will be placed in the student's file. See Appendix III for a copy of the Professional Counseling Performance Evaluation.
- If the problem is not resolved, the faculty member will consult with other professors in the department regarding the student's case to determine the most suitable course of action.
- If the problem continues, the faculty member will write a letter to the Counseling Chair concerning the meeting with the student. A copy of this letter will be sent to the student.
- After monitoring the student's progress, should the Chair deem the student's problem to be serious enough in nature, the Chair will appoint a committee composed of three current, regular program faculty members to investigate all aspects of the situation. The student will have the opportunity to appear before the committee. The Chair will report the findings to the program faculty.
- Based on the findings of the committee, the program faculty will participate in making recommendations for further action or a final decision. The student will be informed in writing of the department's recommendation or decision.
- The student may be requested to comply with any numbers of recommendations,

including attending individual or group counseling with documentation of attendance.

• The student may be dismissed from the program.

Appeal Process

If a student is dismissed from the program, he or she may appeal the dismissal by submitting a letter to the Chair of the Counseling Department no later than 45 days after receiving the dismissal letter. The letter should include the student's request to be re-admitted, a self-appraisal of why he or she was previously unsuccessful, and a strategy for success if he or she is re-admitted. The Graduate Counseling Committee will meet to review the appeal letter and make a decision regarding the student's re-admittance. If a student is re-admitted, generally a remediation plan is created to help facilitate the student's success in the program. The student will receive a letter regarding the committee's decision.

Remediation

Remediation is an opportunity for the faculty to assist students who are struggling by providing them with the opportunity to learn, grow, and improve themselves. The faculty hope a remediation will be viewed as a "Success Plan." Students who are asked to complete a remediation plan are students who the faculty believes have the capacity to be successful. Some students need more support through the process of becoming a counselor.

Students may be required to complete a remediation plan for a variety of deficiencies, such as incomplete coursework, ethical or professional issues, personal relationship issues, incomplete clinical hours, and/or student handbook violations. In the event that a student needs remediation, the Graduate Counseling Committee will meet to discuss possible remediation options. Remediation requirements may involve academic and/or personal growth. Students may be required to attend counseling or take time off from the program in order to facilitate growth.

The remediation plan will be explained both in writing and verbally. If a student chooses not to complete the remediation plan presented by the Graduate Counseling Committee, he or she will be withdrawn from the program.

Transfer Credit

Students who have taken graduate courses prior to entering the program may request transfer credit. Students may obtain no more than six credit hours of transfer credit. Students may not obtain transfer credit for the following courses:

- CNSL 830 Counseling Theories
- CNSL 835 Introduction to Clinical Mental Health Counseling
- CNSL 840 Group Counseling
- CNSL 864 Ethics in Individual, Marriage, and Family Counseling
- CNSL 855 Diagnostics in Counseling
- CNSL 863 Fundamentals of Practicum and Internship
- CNSL 865 Practicum
- CNSL 866 Internship

Graduate Petitions for transfer credit must identify which courses were taken, where they were taken, and where the transfer credit is to be applied within the student's curriculum. The decision to award transfer credit rests with the counseling faculty. Students will submit a copy of the syllabus from the course used to petition for transfer credit. If a transfer credit is approved and the student appears to be deficient in this area, the student may be required to complete the course within Loyola's counseling program.

Comprehensive Examinations

All counseling students are required to pass a comprehensive examination before they are permitted to graduate. The comprehensive examination covers all course work completed in the counseling program. Students who fail to achieve a satisfactory level of performance on the examination components will not be permitted to graduate.

Prospective graduates must take the comprehensive examination in their final semester. Summer graduates must take the exam in the spring semester prior to graduation. A study guide will be available from the Admissions and Clinical Coordinator prior to each comprehensive examination.

Graduation

Students need to apply for graduation by October 31st the year before they plan on graduating. The application can be found online through the Office of Student Records at <u>https://secure.loyno.edu/records/applicationfordegree/</u>. Late applications cannot be accepted, and students who do not apply on or before the deadline may not be eligible to graduate that semester.

Students are asked to complete an exit survey before graduation. The exit survey will be given to the graduating students the semester they graduate.

Endorsement Policy

At various times students require an endorsement (verbal or written recommendation) from their program faculty in order to gain employment or credentials. A graduate will be endorsed by program faculty only for a position or credential for which the graduate has been prepared. Internship site supervisors also are urged to follow this policy.

Students should be aware of this policy and seek endorsements only for employment and credentials that are appropriate given the student's training, coursework, and supervised experience.

Before an endorsement is given to a student, the records are thoroughly checked to make sure that the student graduated, maintained an acceptable grade point average, completed all requirements, and is seeking endorsement only for a position or credential for which the graduate has been prepared.

Email Policy

Students will check their Loyola email account, which is tied in to the LORA and Blackboard systems, that faculty members use regularly to communicate with students. Students are required to check their Loyola email account on a daily basis for any communications from faculty. Students who fail to check their Loyola email account may experience grading repercussions.

COUNSELING PROGRAM GRADUATE CURRICULUM (60 HOUR)

The Master of Science in Counseling offered at Loyola University New Orleans is a 60-hour program that offers the Clinical Mental Health track (CACREP accredited) and a Marriage and Family track. Students will complete 14 hours of Primary coursework, 34 hours of Required coursework, and 12 hours of electives consistent with their interest and approved by their advisor. Students may also pursue a dual degree in Criminal Justice, Music Therapy, or Pastoral Studies and receive a second masters degree in those fields. The dual degree in Criminal Justice, Music Therapy, and Pastoral Studies require 75, 76, and 72 hours of coursework, respectively. The capstone experience, which involves translating what is learned in the classroom into clinical practice under supervision, includes one semester of Practicum and two consecutive semesters of Internship. Students will meet with their advisor on a regular basis to ensure a timely graduation.

Table 1

Primary, Required, and Elective Courses with Prerequisites

	Primary Courses (14 hours)	Prerequisites
CNSL 704	Research Writing Lab (1 credit hour)	
CNSL 706	Philosophy and Counseling	
CNSL 830	Counseling Theories (CR)	
CNSL 835	Introduction to Clinical Mental Health Counseling (CR)	
CNSL 836	Individual Counseling Skills Lab (CR) (1 credit hour)	
CNSL 864	Ethics in Individual, Marriage, and Family Counseling	
(CR)		
	Required Courses (34 hours)	
CNSL 702	Research and Statistical Methods in Counseling	
CNSL 776	Clinical Assessment and Psychometrics	
CNSL 840	Group Counseling (CR)	835, 836, 704**, 706**, 830**, 864**
CNSL 843	Group Counseling Skills Lab (CR) (1 credit hour)	835, 836, 704**, 706**, 830**, 864**
CNSL 841	Career Counseling	
CNSL 855	Diagnostics in Counseling (CR)	All Primary Courses, 776, 863**
CNSL 725	Lifespan Development	
CNSL 842	Multicultural Counseling	
CNSL 863	Fundamentals of Practicum and Internship (CR)	All Primary Courses, 855**, 840**,
		843**
	Practicum*	863, 840**, 843**
	Internship*	865, 840**, 843**, 855
CNSL 866	Internship*	865, 840**, 843**, 855

	Counseling Electives (12 hours)			
CNSL 851	School Counseling			
CNSL 837	Child Counseling: Play Therapy			
CNSL 845	Addiction Counseling			
CNSL 849	Activity Group Therapy			
CNSL 850	Introduction to Family Counseling			
CNSL 852	Marriage and Couples Counseling			
CNSL 853	Child/Parent Relationship Therapy			
CNSL 862	Family Systems			
CNSL 856	Clinical Thanatology: Death and Dying			
CNSL 857	Psychopathology in Counseling			
CNSL 858	Scholarship in Counseling			
CNSL 866	Internship			

Note. **CR- Core Requirement courses.** * Instructor approval required. Practicum and Internship may be taken simultaneously with CNSL 840, 843, 854 and 855. Failure to receive a passing grade in Practicum or Internship would require review by the Graduate Committee of the Department of Counseling. The review would result in either a remediation plan or removal of the student from the program. ** Co-requisites: Courses may be completed simultaneously. *** This course replaces CNSL 706 for students completing the dual degree in Counseling and Pastoral Studies.

Projected Course Offerings 60-Hour Curriculum

Courses are not offered every semester. The following is intended to assist students in planning and scheduling. Students are advised to consult the preliminary timetables for each semester, as scheduled offerings are subject to change.

Course	Title	Term Usually Offered			
COUNSELING PRIMARY COURSES (14 HRS.)					
	Research Writing Lab	Fall			
CNSL 706	Philosophy and Counseling	Spring			
CNSL 830	Counseling Theories	Fall			
CNSL 835	Introduction to Clinical Mental Health				
Counsel	ing	Fall			
CNSL 836	Individual Counseling Skills Lab	Fall			
CNSL 864	Ethics in Individual, Marriage, and Family Counselin	ng Spring			
REQUIRE	D COUNSELING COURSES (34 HRS.)				
CNSL 702	Research and Statistical Methods in Counseling	Fall			
CNSL 776	Clinical Assessment and Psychometrics	Fall			
CNSL 840	Group Counseling	Spring			
CNSL 843	Group Counseling Skills Lab	Spring			
CNSL 841	Career Counseling	Spring			
CNSL 855	Diagnostics in Counseling	Spring			
CNSL 725	Lifespan Development	Spring, Fall			
CNSL 842	Multicultural Counseling	Spring			
CNSL 863	Fundamentals of Practicum and Internship	Spring, Summer			
CNSL 865	Practicum	Fall, Spring, Summer			
CNSL 866	Internship	Fall, Spring, Summer			
ELECTIV	ES (12 HRS.)				
CNSL 851	School Counseling	Fall			
	Child Counseling: Play Therapy	Fall			
	Addiction Counseling	Summer			
	Activity Group Therapy	Summer			
	Play Therapy Theories	Summer as needed			
	Introduction to Family Counseling	Odd Spring			
CNSL 852	• •	Even Spring			
	Child/Parent Relationship Therapy	Even Spring			
	Family Systems	Fall			
	Clinical Thanatology: Death and Dying	Even Summers			
CNSL 857	Psychopathology in Counseling	Odd Spring			
CNSL 858	Scholarship in Counseling	Spring as Needed			
CNSL 894	Experimental Courses (with advisor's approval)	As Needed			

Loyola University New Orleans Master of Science in Counseling Clinical Mental Health Counseling INDIVIDUAL PLAN OF STUDY

 Course Nu	mber & Title	Semester/ Year	Grade
COUNSEI	JNG PRIMARY COURSES (17 HRS.):		
	Research and Statistical Methods in Counseling		
	Research Writing Lab		
	Philosophy and Counseling		
	Counseling Theories		
	Introduction to Clinical Mental Health Counseling		
	Individual Counseling Skills Lab		
	Ethics in Individual, Marriage, & Family Counseling		
	D COUNSELING COURSES (31 HRS.):		
-	Clinical Assessment and Psychometrics		
	Group Counseling		
	Group Counseling Skills Lab		
	Career Counseling		
	Diagnostics in Counseling		
	Lifespan Development		
	Multicultural Counseling		
	Fundamentals of Practicum and Internship		
 CNSL 865	Practicum		
 CNSL 866	Internship		
 CNSL 866			
ELECTIVE	ES (12 HRS.):		
	School Counseling		
	Child Counseling: Play Therapy		
	Addiction Counseling		
	Activity Group Therapy		
	Play Therapy Theories		
	Introduction to Family Counseling		
	Marriage and Couples Counseling		
	Child/Parent Relationship Therapy		
	Family Systems		
 CNSL 856	Clinical Thanatology: Death and Dying		
	Psychopathology in Counseling		
	Scholarship in Counseling		
 CNSL 894	Experimental Courses (with advisor's approval)		
	TOTAL HOURS:	60	

Student Signature:	Date:
Advisor Signature:	Date:

Loyola University New Orleans Dual Degree Plan Master of Science in Counseling and Criminal Justice INDIVIDUAL PLAN OF STUDY

V		Course Number & Title	Semester/ Year	Grade
	COUNSEL	ING PRIMARY COURSES (17 HRS.):		
		Research and Statistical Methods in Counseling		
		Research Writing Lab		
		Philosophy and Counseling		
		Counseling Theories		
		Introduction to Clinical Mental Health Counseling		
		Individual Counseling Skills Lab		
		Ethics in Individual, Marriage, & Family Counseling		
	REQUIRE	D COUNSELING COURSES (31 HRS.):		
	-	Clinical Assessment and Psychometrics		
		Group Counseling		
	CNSL 843	Group Counseling Skills Lab		
		Career Counseling		
		Diagnostics in Counseling		
		Lifespan Development		
	CNSL 842	Multicultural Counseling		
	CNSL 863	Fundamentals of Practicum and Internship		
	CNSL 865	Practicum (with group hours)		
	CNSL 866			
	CNSL 866	Internship	·	
	DEOLUDE			
		D CRIMINAL JUSTICE COURSES (15 HRS.): Seminar in Criminal Justice		
		Seminar in Criminal Justice Administration II Seminar in Criminology		
		Directed Readings in Criminal Justice		
		Graduate Statistics		
	CKJU /12	Graduate Statistics		
	CRJU REI	PLACEMENTS FOR CNSL ELECTIVES (9 HRS.):		
		Theories of Criminal Behavior		
	CRJU 800	Selected Problems in Criminal Justice		
	CRJU 805	Program Planning, Implementation, and Evaluation		
		TOTAL HOURS:	75	

Student Signature: _	Date:
Advisor Signature: _	Date:

Loyola University New Orleans Dual Degree Plan Master of Science in Counseling and Music Therapy INDIVIDUAL PLAN OF STUDY

\checkmark	Course Number & Title	Semester/ Year	Grade
	COUNSELING PRIMARY COURSES (17 HRS.):		
	CNSL 702 Research and Statistical Methods in Counseling		
	CNSL 704 Research Writing Lab		
	CNSL 706 Philosophy and Counseling		
	CNSL 830 Counseling Theories		
	CNSL 835 Introduction to Clinical Mental Health Counseling		
	CNSL 836 Individual Counseling Skills Lab		
	CNSL 864 Ethics in Individual, Marriage, & Family Counseling		
	REQUIRED COUNSELING COURSES (34 HRS.) :		
	CNSL 776 Clinical Assessment and Psychometrics		
	CNSL 840 Group Counseling		
	CNSL 843 Group Counseling Skills Lab		
	CNSL 841 Career Counseling		
	CNSL 855 Diagnostics in Counseling		
	CNSL 725 Lifespan Development		
	CNSL 842 Multicultural Counseling		
	CNSL 863 Fundamentals of Practicum and Internship		
	CNSL 865 Practicum (with group hours)		
	CNSL 866 Internship		
	CNSL 866 Internship		
	REQUIRED MUSIC THERAPY COURSES (15 HRS.):		
	MUTY 702 Music Therapy Research		
	MUTY 704 Music Therapy Supervision and Education		
	MUTY 705 Advanced Music Therapy Models		
	MUTY 706 Music Therapy in Medicine		
	MUGN 810 Thesis		
	MUTY 714 Graduate Council		
	MUTY REPLACEMENTS FOR CNSL ELECTIVES (10 HRS.):		
	Students may select courses from the following areas: MUPR Private		
	Lessons, MUEN Ensembles, MUGN General Music, MUPC Class Lessons,		
	MUED Music Education, or MUJZ Jazz Studies		
	TOTAL HOURS:	76	

Student Signature:	Date:
Advisor Signature:	Date:

Loyola University New Orleans Dual Degree Plan Master of Science in Counseling and Pastoral Studies INDIVIDUAL PLAN OF STUDY

\checkmark	Course Number & Title	Semester/ Year	Grade
	COUNSELING PRIMARY COURSES (14 HRS.):		
	CNSL 702 Research and Statistical Methods in Counseling		
	CNSL 704 Research Writing Lab		
	CNSL 830 Counseling Theories		
	CNSL 835 Introduction to Clinical Mental Health Counseling		
	CNSL 836 Individual Counseling Skills Lab		
	CNSL 864 Ethics in Individual, Marriage, & Family Counseling		
	REQUIRED COUNSELING COURSES (32 HRS.):		
	CNSL 776 Clinical Assessment and Psychometrics		
	CNSL 840 Group Counseling		
	CNSL 843 Group Counseling Skills Lab		
	CNSL 841 Career Counseling		
	CNSL 855 Diagnostics in Counseling		
	CNSL 725 Lifespan Development		
	CNSL 842 Multicultural Counseling		
	CNSL 863 Fundamentals of Practicum and Internship		
	CNSL 865 Practicum (with group hours)		
	CNSL 866 Internship		
	CNSL 866 Internship		
		. <u></u>	
	REQUIRED PASTORAL STUDIES COURSES (12 HRS.):		
	LIM 703 Introduction to Practical Theology		
	LIM 704 Spirituality, Morality, and Ethics		
	LIM 849 Introduction to Pastoral Care and Counseling		
	LIM 863 Family Systems		
	LIM REPLACEMENTS FOR CNSL ELECTIVES (12 HRS.):		
	LIM 711 Jewish Roots of Christian Faith: Intro to Old Testament		
	LIM 711 Sewish Roots of Christian Path. Into to Old Testament LIM 712 Christian Origins: Intro to New Testament		
	LIM 712 Christian Origins. Into to New Testament LIM 714 Grace, Christ, and Spirit		
	LIM 714 Grace, Chirist, and Spint LIM 722 Church, Sacrament, and Ministry		
	Envir 722 Charlen, Sucramond, and Ministry		
	TOTAL HOURS:	72	

Student Signature:	Date:
Advisor Signature:	Date:

STUDENT REQUIREMENTS AND RESPONSIBILITIES: PRACTICUM AND INTERNSHIP

The Practicum/Internship in Counseling is generally considered the most challenging and important portion of the Counseling curriculum. These courses permit students to translate theoretical training into effective clinical practice and challenge the students to develop methods and strategies for the appropriate care of clients in their charge. In the semester immediately preceding a students' enrollment in Counseling Practicum, a student must enroll in CNSL863 Fundamentals of Practicum and Internship. Students will enroll in Internship during the semesters immediately following their Practicum enrollment. Practicum and Internship are offered in the fall, spring, and during the entire summer. Practicum and Internships may not be taken concurrently. For continuity of care, students remaining at their sites for subsequent semesters are required to see clients at their site and receive between semester supervision.

Practicum is a 140-hour requirement that consists of a minimum of 40 direct client hours, that translates to a 10-hour workweek at the placement site. Students receive three credit hours of coursework for the Practicum.

Internship is a 600-hour requirement that includes 240 direct client hours, that translates to a 20-hour workweek at the placement site. Students typically take two, three-hour graduate courses to complete this requirement. Students can take a half Internship option that spreads the 600-hour requirement over four semesters and cuts their weekly commitment to approximately 10 hours.

Students will plan for their Practicum and Internship experience as they progress through the program. Faculty design core and elective courses to help students decide which clinical sites will best serve their professional needs. If needed, students and advisors will collaborate with the Clinical Coordinator to select an appropriate field site. Students should be aware that certain sites require a one-year commitment.

Failure to receive a passing grade in Practicum or Internship would require review by the Graduate Counseling Committee of the Department of Counseling and would result in either a remediation plan or removal of the student from the program.

Before Enrolling in Practicum

Students will successfully complete 36-hours of counseling coursework prior to enrolling in Practicum that includes all Primary Courses and Fundamentals of Practicum and Internship. Faculty view the Practicum and Internship as the culminating experiences, and students will take these courses in their final three semesters.

Students must enroll in Fundamentals of Practicum and Internship one semester prior to enrolling in Practicum. Students must find a clinical site and inform the Clinical Coordinator by the last day of finals during the previous semester or they will not be allowed to begin Practicum. If students have any questions during the semester prior to their field placement, they should contact the Clinical Coordinator.

Students may take two courses concurrently with Practicum and one course concurrently with Internship. Students need permission from the Graduate Counseling Committee to register for two academic classes while enrolled in Internship.

Professional Liability Insurance

Students must obtain professional liability insurance coverage prior to starting Practicum. There are several options from which to obtain liability insurance including the American Counseling Association (ACA). ACA's student membership now includes liability insurance to ACA student members enrolled and engaged in a master's degree counseling curriculum at a post-secondary institution. Coverage is solely while performing counseling services (e.g. Practicum and Internship) related to such curriculum. This information can be obtained online at www.counseling.org and in the Department of Counseling office.

The Practicum or Internship instructor will collect proof of the each student's professional liability insurance on the first day of class. A copy of their insurance will be kept on file. If a student does not have up-to-date liability insurance, he or she is not allowed to begin working with clients at the site. He or she may be withdrawn from the course and removed from the placement site if he or she is unable to obtain insurance.

Transfer Credit

Practicum/Internship may not be completed at another university. Loyola will not accept Practicum or Internship as transfer credits.

Encrypted Flash Drives

In order to protect client confidentiality, all Fundamental, Practicum, and Internship students will purchase and use encrypted flash drives for client video storage. Students may not store video sessions on phones, personal computers, counseling department computers, or unencrypted flash drives.

Practicum and Internship Placement and Settings

The student and Clinical Coordinator work together to place the student in a Practicum and Internship setting. Students can meet with the Clinical Coordinator to discuss field placement options. Students are encouraged to explore potential settings for their Practicum and Internship placements, and to do so early in the semester prior to their Practicum and Internship semester. Students are encouraged to visit several potential settings and to interview at those sites. Faculty encourage students to prepare to be able to answer the following questions as a result of the interview process, students should be able to answer the following questions:

- Does this setting offer me the range of learning experiences I desire with a client population that matches my career goals?
- Does this setting meet all Practicum/Internship requirements outlined in the handbook?
- Does this setting have a qualified supervisor on site that is willing to provide the supervision I require?
- Is this setting willing to accept me as an intern if such a request is made?
- Does this setting have a time commitment that must be considered?

Students wishing to apply for the School Counseling Certification in the state of Louisiana must intern in a school setting for at least one semester of their clinical experience.

The Greater New Orleans area offers a wealth of potential Practicum and Internship settings from which students may choose. In past semesters, students have worked in such diverse settings as elementary schools, secondary schools, colleges, family service centers, women's shelters, hospitals, juvenile and adult correctional facilities, and child guidance centers. In the Big Room and on Blackboard, there is an up-to-date list of Practicum and Internship sites and current student evaluations of the sites and the site supervisors. It is highly recommended that students use this resource to help determine if some of the sites they are interested in will be a good match.

Students must complete their Practicum and Internship experience at only one sight per semester, and may not leave their site mid-semester (unless granted permission by the faculty following a review of extenuating circumstances). The Practicum/Internship facility must meet the following requirements:

- provide direct counseling services by qualified professionals,
- provide an opportunity for the Practicum/Internship student to perform all activities that a regularly employed staff member in the setting would be expected to perform, subject to limitations imposed by liability considerations, setting specific policies, and confidentiality considerations,
- provide the Practicum student with at least **140** hours of meaningful and appropriate work, at least **40** clock hours of which are in direct service* to clients, per semester,
- provide the Internship student with at least **300** hours of meaningful and appropriate work, at least **120** clock house of which are in direct service to clients, per semester,
- have at least one qualified supervisor* on site who agrees to provide supervision to the Practicum/Internship student, and allow the student to become familiar with a variety of professional activities other than direct service,
- allow the Practicum/Internship student to obtain video recording within the bounds of preservation of client confidentiality for use in supervision,
- allow the Practicum/Internship student to gain supervised experience in the use of a variety of professional resources such as appraisal instruments, computers, print and non-print media, professional literature, and research, and
- provide an evaluation of the Practicum/Internship student both formative and summative,
- be located no farther than 200- miles from Loyola University New Orleans

*Direct Service – Hours can only be counted as direct service hours when a student is engaging in counseling services such as an intake, counseling session, couple or group counseling, and classroom guidance in a primary (K-12) school. Observations of counseling sessions, assisting school age students with disabilities in testing (such as reading a test to a student), and role playing with volunteers or actors does not count as direct counseling service.

* Qualified Supervisor - A professional at the Practicum/Internship site who is a Licensed Professional Counselor, Licensed Clinical Social Worker, Licensed Marriage and Family Therapist, licensed psychologist, or some other equivalent licensed mental health professional, who agrees to supervise the Practicum and Internship student and will have a minimum of one continuous hour of individual supervision with the Practicum and Internship student weekly.

The on-site Practicum/Internship Supervisor must meet the following requirements:

• hold an appropriate master's or doctoral degree (such as counseling, psychology, social

work, or other relevant degree)

- hold credentials appropriate to the setting, such as Licensed Professional Counselor, Licensed Clinical Social Worker, Licensed Marriage and Family Therapist, psychologist, or some other equivalent licensed mental health professional
- provide the intern with a minimum of one hour of face-to-face continuous supervision per week, including case consultation and formative evaluation of the intern's work,
- work closely with the intern to ensure that the intern has a variety of experiences which represent the activities that a regularly employed staff member in the setting is expected to perform,
- meet with the university supervisor during the university supervisor's site visits, at least once during the semester, and
- provide a summative evaluation of the intern on the form provided, which will remain on file with the university.

Site Contracts

Students are allowed to intern at sites within a 200- mile radius from Loyola University New Orleans' campus.

The Clinical Coordinator works with the various sites to secure contracts for the students enrolled in Practicum and Internship. Once established, contracts are typically for a two-year period. The university maintains a formal contract with each of these settings and students are not permitted to go to a site for Practicum or Internship for which there is no formal contract. Students should never contract independently with particular sites. Any student wishing to establish a new contract must meet with the Clinical Coordinator prior to contacting the site. Sites must be able to provide students with enough direct and indirect contact hours required for the course in which they are currently registered. Each site must have a licensed or certified mental health professional that can provide the student with a scheduled hour of supervision each week.

Practicum and Internship Course Requirements

Although specific requirements for Practicum and Internship may vary according to the instructor, the course provides students with opportunities to apply their training in a closely supervised clinical setting with clients who present with a variety of problems. Practicum and Internship requirements include:

Counseling – Practicum students will work with clients approximately one hour per week per client. Students will spend approximately 4-6 hours per week in direct contact with clients in counseling. Students are not allowed to accept more than six active clients without approval from their Practicum instructor. **Internship** students will work with clients approximately one hour per week per client. Students will spend approximately 10-12 hours per week in direct contact with clients in counseling. Students may work with children, adolescents, adults, or older adults using individual, group, and marriage and family counseling approaches.

Supervision - The minimum required supervision a student will receive for each semester includes 1½ hours of group supervision weekly. Additionally, Practicum students must meet with their faculty instructor one hour per week for the duration of the semester. Internship students must meet with their faculty instructor for four, one-hour supervision sessions per semester. Students will also receive a minimum of one hour of continuous individual supervision

each week at their field site. Some field sites require further supervision. The student will receive a Professional Counseling Performance Evaluation from their Faculty and Site supervisor (see Appendix III).

Clinical Experience Log – Practicum students will complete 140 clock hours of Practicum work during the semester including 40 direct and 100 indirect hours. Internship students will complete a minimum of 300 clock hours per semester of Internship work during the semester including 120 direct and 180 indirect hours. These hours will include time spent in direct contact with clients, observation of other students, preparation for counseling sessions, reviewing and scoring tests, writing reports, and other related activities approved by the instructor. These direct and indirect services for the site must be logged using the Clinical Experience Log. If students cannot complete their Practicum or Internship hour requirements, they will receive an "In Progress" for the course and the Graduate Counsel Committee will meet to discuss a remediation plan.

Evaluations –Students will be evaluated in writing by their onsite supervisor at midterm and end of the semester. The student must provide the supervisor with the Loyola University Department of Counseling Professional Counseling Performance Evaluation form (see Appendix III). See Appendix VI for the Shorter Midterm Evaluation. The student is required to provide the on-site supervisor with the evaluation as well as turning in the completed evaluation to their Practicum/Internship Instructor. At the end of every semester, the student should submit a Supervisee's Evaluation of Supervisor and Supervision Site form.

Informed Consent – Students are required to collect their client or a minor client's parent/guardian signed permission to receive videotaped counseling sessions from the student. Students need to provide their clients with the program's informed consent document and verbally explain that they are in training and ensure clients understand what they are signing.

Case Presentation - Students will conduct many case presentations during their Practicum and Internship experience. Case presentations will be reviewed with a videotape of the Practicum or Internship student in session with the client. A transcript of the session may also be required. Students may not use intake sessions or group sessions for their case presentations. The case presentation guidelines will be outlined in the Practicum or Internship instructor's syllabus.

Case Coordination - Students must maintain client records in accordance with their site and the Practicum and Internship policies. Although Practicum and Internship is a three credit hour course, students should be aware that this is a laboratory course and that they will actually spend 10 hours or more per week completing the requirements of the course.

Practicum and Internship at the Student's Place of Employment

Practicum and Internship placements are not permitted at locations where the student is currently working or under the supervision of close personal friends or family members. Students are not permitted to be placed at a site where they were previously employed, or currently or previously volunteered. This policy exists as a safeguard against dual relationships, conflicts of interest, and other potential ethical problems.

Practicum and Internship Paperwork

Updated versions of all the Practicum and Internship paperwork are on the department webpage under Forms. Students will receive a Practicum and Internship Handbook that contains all the updated required paperwork. Students will be informed of all the program policies concerning Practicum and Internship and will have the opportunity to ask any questions concerning the Practicum and Internship experience.

Financial Aid

Students enrolled in Practicum and Internship are considered full-time for financial aid purposes even if they are only registered for 1.5 hours of Internship. The Office of Scholarship and Financial Aid defines full-time as six hours. However, because students in Practicum or Internship are working at least 10 hours a week at their site, they are considered full-time students and are therefore eligible for financial aid.

Students in need of financial aid and only registered for Practicum or Internship should inform their financial aid advisor that they are eligible for aid and considered a full-time student.

Between Semester Policy for Practicum and Internship

According to the LPC Board, students must be registered in a Practicum or Internship course and receive supervision in order to see clients between semester breaks. The Department of Counseling faculty expects students to continue counseling their clients during semester breaks in order to avoid client abandonment and offer the best continuity of care possible. This is only applicable when a student remains at the same site; if a student terminates with one site at the end of one semester and begins another site the subsequent semester, the student is not required to see clients or attend supervision between semesters.

Students will be given an "In Progress" (IP) grade for the semester prior to the break in order to maintain registration. In addition, students must attend group supervision for 1 ½ hours each week on campus. A departmental supervisor will facilitate supervision. Formal case consultation will not be required, however, students are required to participate in informal case consultations, and may be randomly chosen to present if no other student has volunteered. Students are also required to receive supervision from their on-site supervisor.

Banking hours for Internship during a Semester Break

Students may begin banking hours for Internship as long as the following criteria are met:

- Students are continuing at the same site they interned the semester before.
- Students have received a grade for either Practicum or Internship.
- Student's site has been approved by the Clinical Coordinator.
- Students are receiving onsite supervision for a minimum of one hour each week.
- Students attend on-campus weekly supervision of 1 ½ hours per week, during the break.

Practicum and Internships Students' Responsibilities to Clients

In addition to following Loyola University's Hurricane Emergency Preparedness Plan, students should follow the disaster and evacuation policy of their site.

DEPARTMENT OF COUNSELING HURRICANE EMERGENCY PREPAREDNESS PLAN

Please review the University's Hurricane Emergency Preparedness Plan at www.loyno.edu/studentaffairs/hurr_brief.html

Communications

The University maintains a hurricane emergency web page <u>www.loyno.edu/emergency/</u> with regularly updated guidelines and resources to assist students, faculty, and staff in making adequate preparations. The current version of the hurricane plan is always posted to this page.

The Director of Public Affairs and External Relations issues advisories as necessary so that students, faculty, and staff are fully informed of a developing threat and can prepare to take appropriate action. Advisories are communicated via the Loyola home page (www.loyno.edu) and the emergency information lines 504-865-2186 and toll-free at 888-94LOYNO. During a hurricane threat, these sources carry the latest and most complete information.

Student Personal Evacuation Plan

All Loyola students are required to file a Personal Evacuation Plan, indicating an evacuation location and emergency contact information, through their LORA account. Students are not allowed to remain on Loyola's campus, including residence halls, when an evacuation is ordered. Students must make transportation and lodging arrangements so that they will be safely outside the storm area. Resident students will not receive their room keys without first filling out a Personal Evacuation Plan.

Responsibilities of Students

In addition to the forms of communication mentioned above, the University may choose to update students by sending important information to their official Loyola e-mail address. Students should regularly check their account. Students are to regularly check the Blackboard account for their courses to remain current with announcements and assignments from their professors. Information on using Blackboard is posted at blackboard.loyno.edu. When students first login to Blackboard, they should contact their instructors and let them know their updated contact information.

Responsibilities of Faculty and Staff

Faculty and staff are to contact their chairs or supervisors within a reasonable time according to plans developed in their departments and units. Faculty members are to maintain regular communication with students enrolled in their courses via Blackboard in the case of an evacuation.

Contingency Residential Student Shelter

All residential students are responsible for evacuating when the university is evacuated. No students are allowed to remain on Loyola's campus, including their own rooms in a residence hall. For residential students unable to comply, such as international students, Loyola has a temporary rugged shelter with very limited space. Residential Life staff members, led by the

Director of Residential Life, remain with these students until the campus is open or until they make arrangements for a place to stay in case of an extended evacuation.

Timetable for Reopening

Normal operations will resume on campus when the President deems that the safety of students, faculty, and staff can reasonably be assured. The schedule for reopening will be communicated via Loyola's web page and the emergency information line.

Appendix I

Loyola University New Orleans Counseling Program Orientation Outline Informed Consent Statement

Because Loyola's Counseling Program is a professional school, faculty and student expectations differ somewhat from what would be expected in other more common types of academic programs. The following outline/informed consent statement makes these expectations explicit and it outlines appropriate courses of action should students encounter difficulty achieving the personal level of functioning necessary for carrying out safe and effective counseling services.

1. In order to complete the Counseling Program at Loyola University New Orleans, I will be expected to demonstrate academic competence and counseling skills appropriate for a counseling intern, including conducting appropriate interviews and sessions with clients, practicing in a professional and ethical manner, and establishing appropriate relationships with clients to facilitate client progress. Failure to attain such skills may result in my being required to repeat coursework or my dismissal from the program.

2. The subject matter to be covered in the Counseling Program is contained in the Counseling Student Handbook, including course sequence, projected course offerings, prerequisites, and program requirements.

3. I understand that my performance in the Counseling Program will be evaluated based on both academic and skills components. Method of evaluation for each individual course will be covered by the instructor of that course.

4. I understand that the Counseling Program encourages self-growth and requires participation in experientially-based courses. Courses which require a self-growth/experiential component include but may not be limited to: Counseling Theories, Introduction to Clinical Mental Health Counseling, Multicultural Counseling, Practicum and Internship. In addition, the Group Counseling course requires participation in a semester-long personal growth laboratory group facilitated by a Licensed Professional Counselor. Self-disclosures will not be used as a basis for grading in these courses; however, should I disclose information indicating impairment or the potential for harm to clients, I may be required to repeat coursework, to obtain assistance or remediation, and/or terminate my enrollment in the program.

5. I am aware that I must complete a Practicum and off-campus Internship(s). Supervision is provided by Loyola faculty and, in the case of Internship, by a site supervisor as well. Requirements for Internship sites and supervisors are contained in the Counseling Student Handbook.

6. Proficiency as a Counseling intern is expected for the successful completion of the Counseling Program at Loyola University New Orleans. Regular evaluations of my progress will be provided during Practicum and Internship. If I fail to meet performance standards in these courses or behave in an unprofessional or unethical manner, I may be required to repeat coursework, to obtain assistance or remediation, and/or terminate my enrollment in the program.

7. Employment prospects for the field of Counseling are rapidly changing. Licensed Professional Counselors work in a variety of settings including public and private agencies, inpatient settings, and college or university counseling centers and advisement offices. Due to managed care and other health care issues, employment prospects and earning potential are decreasing somewhat. Certified School Counselors often find employment in public or private school settings. Schools typically employ one to three counselors, depending on the grade level. The job turnover rate is relatively low, and job security, relatively high.

Informed Consent

I, _______, have read the Loyola University Graduate Counseling Handbook and understand the requirements of the program. In addition, I have read the information in the Loyola University Graduate Catalog relating to the M. S. in Counseling. I understand the student retention policy and procedures which indicate that my cognitive and psychological capacity to perform the minimal competencies of a professional counselor will be continually evaluated by the counseling faculty and that the completion of coursework does not guarantee practice in the profession of counseling. I also understand that some experiential components of the counseling program may cause psychological discomfort and/or may reveal to me patterns or problem areas in my life that need to be addressed in professional counseling. I understand that if I experience discomfort that negatively affects my performance in the program or my overall well-being, I might be asked to schedule a professional counseling appointment with the University Counseling Center or an off campus mental health professional and make every effort to address these personal issues.

I understand all of the foregoing information and agree to abide by the rules and policies of Loyola University New Orleans and of the Counseling Program.

Date

Student Signature

Appendix II

Becoming a Licensed Professional Counselor

The following information is a synopsis of the Louisiana Mental Health Counselor Licensing Act and the Board rules on licensure. Before one can make application for licensure, one must have obtained a graduate degree in mental health counseling, a minimum of 3,000 hours of supervised mental health counseling experience over a minimum two-year postgraduate degree period, and have passed the National Counselors Examination.

LICENSING REQUIREMENTS

- 1. Twenty-one (21) years of age or older;
- 2. Good moral character;
- 3. Not in violation of any of the provisions of R.S. 37:1101-1115 and the rules and regulations adopted herein;
- 6. Has received a graduate degree the substance of which is professional mental health counseling in content from a regionally accredited institution of higher education offering a masters and/or doctoral program in counseling that is approved by the board and has accumulated at least forty-eight (48) graduate semester hours as part of the graduate degree plan containing the eight required areas, the supervised mental health Practicum and supervised Internship in mental health counseling (as defined by rules adopted by the Board listed under Chapter 5), which shall not be interpreted to exclude post-graduate course work in mental health counseling, as part of the degree plan containing 48 graduate hours including eight content areas, Practicum and Internship approved by the Licensed Professional Counselors (LPC) Board. Graduate degree shall be defined as: A CACREP accredited counseling program; a counseling program incorporating the word "counseling" or "counselor" in its title; a program incorporating a counseling-related term in its title (e.g. "marriage and family therapy"); or a program incorporating the eight content areas, a counseling Practicum and a counseling Internship. In addition, the above should not be construed to include degrees in disciplines licensed elsewhere by the State of Louisiana (e.g., social work, psychology) with the exception of counseling psychology, and vocational rehabilitation counseling programs.

SPECIFIC ACADEMIC COURSE REQUIREMENTS

The following eight (8) areas are required to have at least one semester course:

		<u>Loyola Courses</u>
	1. Counseling/Theories of Personality	CNSL 830 Counseling Theories
	2. Human Growth and Development	CNSL 725 Lifespan Development
	3. Abnormal Behavior	CNSL 855 Diagnostics in Counseling
	4. Techniques of Counseling	CNSL 835 Introduction to Clinical Mental Health
Counseling		
-	5. Group Dynamics, Processes,	CNSL 840 Group Counseling
	and Counseling	
	6. Lifestyle and Career Development	CNSL 841 Vocational Counseling
	7. Appraisal of Individuals	CNSL 776 Clinical Assessment and Psychometrics

1 0

8. Ethics

- 7. Has declared special competencies and demonstrated professional competence therein by passing the National Counselors Examination;
- 8. Can document a minimum of 3,000 hours of supervised experience during a minimum of two years of post-master's degree experience in professional mental health counseling under the supervision of a licensed professional counselor. Five hundred hours of supervised experience may be gained for each 30 graduate semester hours earned beyond the master's degree, provided that such hours are clearly related to the field of mental health counseling and are acceptable to the board provided that in no case the applicant has less than 2,000 hours of supervised experience.
- 9. Has provided to the board a Declaration of Practices and Procedures, with the content being subject to board review and approval.

Note: Those persons beginning their supervised counseling experience on or after January 1, 1993 must comply with the supervision requirements and register their supervision with the Board office prior to beginning their experience.

Applying to Become a PLPC in the State of Louisiana

In order to apply to be a PLPC and work towards becoming a Licensed Professional Counselor in Louisiana individuals need to submit:

- 1. an application
- 2. an application fee
- 3. an Official Graduate Transcript
- 4. a Transcript Form
- 5. a copy of the individual's Declaration of Policies and Procedures

Students can find all forms and more information about the State of Louisiana's LPC requirements at <u>www.lpcboard.org</u>.

Appendix III

Loyola University Professional Counseling Performance Evaluation

Student Semester & Year Name of Evaluator Please Circle: Practicum Internship I (specify if half	PLEASE PRINT			
Midterm or Final Rating Scale N -No Opportunity to observe 1 -Meets criteria minimally or inconsistently for program level 0 -Does not meet criteria for program level 2 -Meets criteria consistently at this program level 3 -Exceeds criteria consistently at this program level 3 -Exceeds criteria consistently at this program level Communication Skills and Abilities 1. The student demonstrates the ability to establish relationships in such a manner that a working alliance can be created. N 0 1 2 3 - The student demonstrates effective communication skills including: a. Creating appropriate structure -setting the boundaries of the helping frame and maintaining boundaries throughout the work such as setting parameters for meeting time and place, maintaining the time limits, etc. N 0 1 2 3 - Understanding context -understanding the primary elements of the client's story. N 0 1 2 3 - Congruence -genuineness; external behavior consistent with internal affect. N 0 1 2 3 - Responding to feelings -identifying affect and addressing those feelings in a therapeutic manner. N 0 1 2 3 - Restablishing and communicating empathy -taking the perspective of the individual without over identifying and communicating the systeme to the individual. N 0 1 2 3 g. Non-verbal communicating by staying in the here and now. N 0 1 2 3 y. N 0 1 2 3 -	Student	ent Semester &Year Name o	f Evaluator	
Rating Scale	Please (e Circle: Practicum Internship I (specify if half) Internship II (specify if half)	
No Opportunity to observe1Meets criteria minimally or inconsistently for 2Meets criteria consistently at this program level0-Does not meet criteria for program level2Meets criteria consistently at this program level3	Midter	erm or Final		
0 -Does not meet criteria for program level 2Meets criteria consistently at this program level 3 -Exceeds criteria consistent with internal maintaining boundaries 4 Responding to feelingsidentifying affect and addressing those feelings in a therapeutic manner. 0 1 2 3 - Congruence -genuineness; external behavior consistent with internal affect. N 0 1 2 3 -		N –No Opportunity to observe 1 –	Meets criteria minimally or inconsistently for	
1. The student demonstrates the ability to establish relationships in such a manner that a working alliance can be created. N 0 1 2 3 2. The student demonstrates effective communication skills including: a. Creating appropriate structure –setting the boundaries of the helping frame and maintaining boundaries throughout the work such as setting parameters for meeting time and place, maintaining the time limits, etc. N 0 1 2 3 v b. Understanding content –understanding the primary elements of the client's story. N 0 1 2 3 c. Understanding context –understanding the uniqueness of the story elements and their underlying meanings. N 0 1 2 3 d. Responding to feelings –identifying affect and addressing those feelings in a therapeutic manner. N 0 1 2 3 e. Congruence –genuineness; external behavior consistent with internal affect. N 0 1 2 3 g. Non-verbal communicating empathy –taking the perspective of the individual without over identifying and communicating by staying in the here and now. N 0 1 2 3 j. Intentionality –responding at the optimal moment. N 0 1 2 3 j. Intentionality –responding with a clear u	program	0 –Does not meet criteria for program level $2 - 2$		
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	5. The student demonstrates basic cognitive, affective, sensory, and motor capacities to respond to others. N 0 1 2 3
	6. The student is able to conceptualize client cases from a theoretical and philosophical perspective. N 0 1 2 3

Maturity
1. The student demonstrates appropriate self-control (such as anger control, impulse control) in interpersonal
relationships with faculty, peers, and others. N $0 1 2 3$
2. The student demonstrates honesty, fairness, and respect for others.
N 0 1 2 3
3. The student demonstrates an awareness of his/her own belief systems, values, needs and limitations and the
effect of these on her/his work. N 0 1 2 3
4. The student demonstrates the ability to receive, integrate, and utilize feedback from peers, professors, and supervisors. N 0 1 2 3
5. The student exhibits appropriate levels of self-assurance, confidence, and trust in her/his own ability. N 0 1 2 3
6. The student follows professionally recognized conflict resolution processes, seeking to informally address the issue first with the individual(s) with whom the conflict exists. N $0 1 2 3$
Integrity
1. The student refrains from making statements that are false, misleading, or deceptive.N0123
2. The student avoids improper and potentially harmful dual relationships. N 0 1 2 3
3. The student respects the fundamental rights, dignity, and worth of all people.
N 0 1 2 3
4. The student respects the rights of individuals to privacy, confidentiality, and choices regarding self-determination and autonomy. N 0 1 2 3
5. The student respects cultural, individual, and role differences, including those due to age, gender, race, ethnicity, national origin, religion, sexual orientation, disability, language, and socioeconomic status. N $0 1 2 3$
Advocacy
1. If needed, the student advocates for himself/herself when professional needs are not being met by the supervisor.
<u>N 0 1 2 3</u>
2. If needed, the student advocates for himself/herself when professional needs are not being met by the site. N 0 1 2 3
3. The student engages in activities to advocates for the client.N0123
4. The student engages in activities to advocate for the practicum/internship site.N 0 1 2 3
5. The student engages in activities to advocate for the counseling profession. N 0 1 2 3
Initiative
1. The student takes responsibility/initiative to learn about the history of the site. N 0 1 2 3
2. The student takes responsibility/initiative to learn about current trends, including populations served, of the site. N $0 1 2 3$
3. The student takes initiative in addressing needs of the site. N 0 1 2 3

PLEASE PRINT COMMENTS:

Please comment on any of the above if that would be useful (i.e., no opportunity to observe, concerns about certain traits of the student, etc.)

Please list what you see as the student's strengths.

Please suggest areas for further development appropriate to the current level of the student's training.

Please list any goals for the future.

*****Student Signature/Date*****

********Evaluator Signature/Date*******

Created by the Professional Counseling Program of the Department of Educational Administration and Psychological Services, Texas State University-San Marcos (Revised 2/15/12)

Appendix IV

Professional Organizations

Professional organizations allow students to keep abreast of current research and trends in the field of counseling. Most professional organizations hold annual conferences that supply continuing education resources as well as vital networking opportunities. Listed below are some professional organizations and their contact information.

American Counseling Association: http://www.counseling.org

5999 Stevenson Ave. Alexandria, VA 22304 ACA Fax Number: (800) 473-2329 TDD: (703) 823-6862 ACA Toll-Free Numbers: (800) 347-6647

ACA provides professional organization at the national level. Before enrolling in Practicum, you are required to obtain liability insurance. The ACA Student membership now includes liability insurance to ACA student members enrolled and engaged in a master's degree counseling curriculum at a post-secondary institution. Coverage is solely while performing counseling services (e.g. Practicum and Internship) related to such curriculum.

ACA Divisions

There are 19-chartered divisions within the American Counseling Association. These divisions provide leadership, resources and information unique to specialized areas and/or principles of counseling. Divisions chartered by ACA elect division officers who govern their activities independently and carry a voice in national ACA governance. Enhance your professional identity and practice by joining one or more divisions. For more information about ACA divisions, click the above link. Links to division websites are also included.

Association for Assessment in Counseling and Education (AACE): http://www.theaaceonline.com/

Association for Adult Development and Aging (AADA): http://www.aadaweb.org/

Association for Creativity in Counseling (ACC): http://www.aca-acc.org/

American College Counseling Association (ACCA): <u>www.collegecounseling.org</u>

Association for Counselors and Educators in Government (ACEG): <u>http://www.dantes.doded.mil/dantes_web/organizations/aceg/index.htm</u>

Association for Counselor Education and Supervision (ACES): <u>www.siu.edu/~epse1/aces/</u>

Association for Gay, Lesbian and Bisexual and Transgender Issues in Counseling (AGLBTIC): www.agltbic.org/

Association for Multicultural Counseling and Development (AMCD): www.amcdaca.org/

American Mental Health Counselors Association (AMHCA): www.amhca.org

American Rehabilitation Counseling Association (ARCA): www.nchrtm.okstate.edu/ARCA/index.html

American School Counselor Association (ASCA): www.schoolcounselor.org/

Association for Spiritual, Ethical, and Religious Values in Counseling (ASERVIC) <u>http://www.aservic.org/</u>

Association for Specialists in Group Work (ASGW): <u>http://www.asgw.org/</u>

Counselors for Social Justice (CSJ): http://counselorsforsocialjustice.com/

International Association of Addiction and Offender Counselors (IAAOC) <u>http://www.iaaoc.org/</u>

International Association of Marriage and Family Counselors (IAMFC) <u>http://www.iamfc.com/</u>

National Career Development Association (NCDA): http://ncda.org/

National Employment Counseling Association (NECA): http://www.employmentcounseling.org/

Louisiana Counseling Association: http://www.lacounseling.org

353 Leo Avenue Shreveport, LA 71105 (888) 522-6362 Fax: (318)868-3341

LCA provides professional organization at a state level. This organization works for the professional identity of counselors in Louisiana. The conference is a great way to meet local colleagues and you are encouraged to speak with faculty about presenting at the conference, either with faculty or other students.

Louisiana LPC Board: http://www.lpcboard.org

8631 Summa Avenue Baton Rouge, Louisiana 70809 Phone (225) 765-2515 FAX (225) 765-2514

You can explore this website for information related to licensure changes and post-master's supervision regulations. All the forms needed to apply for supervision are located on-line. **NBCC:** <u>http://www.nbcc.org/</u>

3 Terrace Way

Greensboro, NC 27403

The National Board for Certified Counselors (NBCC) is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Satisfactory performance on the National Counselor Examination (NCE®) is one of the criteria used by NBCC to identify professionals who may be eligible to become a National Certified Counselor (NCC). The State of Louisiana requires a passing score on the NCE as a requirement to become a Licensed Professional Counselor in the state of Louisiana. Students need to register to take the NCE in their last semester. Students should speak with their advisor concerning applications and study materials.

CACREP: http://www.cacrep.org/

1001 North Fairfax Street, Suite 510 Alexandria, VA 22314 **Fax:** (703) 739-6209

Phone: (703) 535-5990

CACREP Accreditation defines quality assurance for counselor preparation programs

CACREP is an independent agency recognized by the Council for Higher Education Accreditation to accredit graduate degree programs in:

- addiction counseling
- career counseling
- clinical mental health counseling
- marriage, couple, and family counseling
- school counseling
- student affairs and college counseling
- doctoral degree programs

<u>Appendix V</u> University Student Resources

Academic Resource Center <u>http://www.loyno.edu/arc/</u>

Bookstore

http://www.bkstr.com/webapp/wcs/stores/servlet/StoreCatalogDisplay?langId=-1&storeId=108404&demoKey=d&catalogId=10001

Bursar's office <u>http://www.loyno.edu/bursar/</u>

Career Development Center http://www.loyno.edu/careerservices/

Commuter Services http://www.loyno.edu/commuters/

Dining Services http://sdxcampusservices.com/loyno/

Health Education http://www.loyno.edu/studentaffairs/heal.html

Loyola Express Card http://www.loyno.edu/loyola.express.card/

Loyola University Community Action Program http://mm.loyno.edu/community-service/loyola-university-community-action-program

Parking Services http://www.loyno.edu/police/parking/

Scholarships and Financial Aid http://www.loyno.edu/financialaid/

Student Finance http://www.loyno.edu/studentfinance/

Student Health Services http://www.loyno.edu/studenthealth/

Student Records http://www.loyno.edu/records/ Tulane/Loyola Federal Credit Union http://www.tulane-loyolafcu.com/portal/page/portal/Tulane%20Loyola/Home%20Page

University Counseling Services http://www.loyno.edu/counselingservices/

University Ministry http://mm.loyno.edu/university-ministry

University Police http://www.loyno.edu/police/

University Sports Complex <u>http://www.loyno.edu/recsports/</u>

Writing across the Curriculum <u>http://www.loyno.edu/wac/</u>

Appendix VI

Faculty and Staff List

Faculty

John Dewell, Ph. D., LPC, NCC Research Interests : Adolescent aggression and adolescent development, counselor development and values Ph.D. William & Mary Email : jadewell@loyno.edu Office Phone: (504) 864-7859

Christine Ebrahim, Ph. D., LPC-S, NCC

Research Interests : Counselor supervision and professional identity, children and adolescents, Ethics, School Counseling Ph.D. University of New Orleans Email : <u>cebrahim@loyno.edu</u> Phone: (504) 864-7864

Kevin Foose, M.S., LPC

Research Interests : philosophy of counseling, counselor development MS Loyola University New Orleans Email : <u>kjfoose@loyno.edu</u> Phone : (504) 864-7857

Thomas Foster, Ph. D., LPC-S

Research Interests: EMDR Ph.D. Kent State University Email : <u>tfoster@loyno.edu</u> Phone: (504)864-7867

LeAnne Steen, Ph. D., LPS-S, Registered Play Therapist-Supervisor

Research Interests: Play Therapy, Child Counseling Ph.D. University of North Texas Email: <u>lsteen@loyno.edu</u> Phone: (504) 864-7855

Staff

Stephanie Robinson, M.S., LPC-S, LAC, NCC

Admissions and Clinical Coordinator Email: srrobins@loyno.edu Phone: 504-864-7853

Dianna Whitfield

Department Assistant Email: dhwhitfi@loyno.edu Phone: 504-864-7848 Fax: 504-864-7844