



**LOYOLA
UNIVERSITY
NEW ORLEANS**

CHI SIGMA IOTA
ALPHA PHI CHAPTER
LOYOLA UNIVERSITY NEW ORLEANS

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Greetings Students, Faculty, and Alumni,

Welcome back from the holiday! I hope everyone enjoyed good company and delicious food during the long weekend. As we approach the end of the semester, summer will officially start for us graduate students!

“And so with the sunshine and the great bursts of leaves growing on the trees, just as things grow in fast movies, I had that familiar conviction that life was beginning over again with the summer.”

– F. Scott Fitzgerald, The Great Gatsby

We hope you can join us on July 25th for a CSI After Hours event to celebrate. Also, stay tuned for more information on department happenings during the upcoming fall semester: Meet and Greet for new students, various service opportunities, NAMI walk in October, conference presentations, and much more.

Don't forget to take the opportunity to enjoy the extra daylight and long summer days! See you in the FALL!

Cheers,

Nina Stewart

President-Elect, Chi Sigma Iota: Alpha Phi Chapter



Calendar of Upcoming Events

July

1: LCA Conference Registration opens
4: University Holiday, Independence Day
17: NCE Fall Deadline
25: Classes End & CSI After Hours

August

26: Classes Begin
29: CSI After Hours

2013-2014 CSI Board

President: Leigh Boyer
President Elect: Nina Stewart
Secretary: Kaitlin Short
Treasurer: Jesse Roessler
Parliamentarian/
Historian: Bri Cortez
Alumna at Large: Matt Watson



Reminder:

CSI After Hours
will be held
on **July 25**.
Location TBA
See you there!

Chi Sigma Iota Eligibility

Students are invited to join CSI during the Fall and Spring Semesters. Consideration is based on the following criteria from our chapter by-laws:

4.1 The following shall be deemed eligible for membership in the Society through endorsement of their chapter:

4.1.1 Students: Those students who are enrolled in a counselor education program leading to graduate degrees (Master's, specialist, or doctorate).

4.1.1.1 They shall have completed the equivalent of at least one full academic term (semester or quarter) of counseling courses carrying approved graduate credit as defined by the institution and are deemed promising for endorsement as a professional counselor whose ethical judgment and behavior will be exemplary.

4.1.1.2 They must have maintained an overall scholastic grade point average of 3.5 or better (on a 4.0 system), or the equivalent, while enrolled in the program.

Call for Submissions

Is there a topic in counseling that you want to spread the word about?

This is your chance! We want to hear it!

We are always accepting article proposals for the next issue.

Send your ideas to Bri Cortez at bncortez@loyno.edu.



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Announcements

Congratulations to those presenting for the 2013 LCA Conference!

Dr. Ebrahim, Dr. Levitov and Nina Stewart, Anna Edelman, & Lauren Finan

Conference will be held at
Intercontinental Hotel, New Orleans, LA
September 15-17, 2013
Pre-conference workshops held on
September 14, 2013

<u>Student/Counselor Intern Member Fees</u>	
\$100.00	<i>Advanced Registration</i>
\$100.00	<i>Pre-Registration</i>
\$200.00	<i>On-site</i>
\$50.00	<i>One day</i>
\$75.00	<i>Two Day</i>

**The above fees do not apply to non-members. Student Membership is \$30.00. To apply/register, visit www.lacounseling.org.*

*Success is a direct reflection of dedication.
Special congratulations to those who passed the NCE!*

*Yay!
Yay!*

We would like to take the time to recognize

Dr. Thomas Foster, Gayle Guillory and Matthew Watson who are now EMDR trained.

Eye Movement Desensitization and Reprocessing (EMDR) is a psychotherapy treatment that was originally designed to alleviate the distress associated with traumatic memories. During EMDR the client attends to emotionally disturbing material in brief sequential doses while simultaneously focusing on an external stimulus. Therapist directed lateral eye movements are the most commonly used external stimulus but a variety of other stimuli including hand-tapping and audio stimulation are often used. Shapiro (1995) hypothesizes that EMDR facilitates the accessing of the traumatic memory network, so that information processing is enhanced, with new associations forged between the traumatic memory and more adaptive memories or information. These new associations are thought to result in complete information processing, new learning, elimination of emotional distress, and development of cognitive insights. <www.emdr.com>



EMDR Institute, Inc.
Eye Movement Desensitization & Reprocessing

Submission

DSM 5 WEBINAR OVERVIEW

Chi Sigma Iota (CSI) regularly hosts counseling related webinars for their members. Topics include school counseling, ethical issues and profession advocacy. Additionally, for active members who are also practicing clinicians, these webinars can be used toward Continuing Education Credits.

CSI's most recent webinar was "Diagnosis with DSM 5 and ICD" presented by Dr. K. Dayle Jones, Ph.D, LHMC. It aired live on June 11, 2013. This presentation helped to answer many questions raised with the arrival of the DSM 5. As a courtesy, we broadcasted the live webinar for our department, but in case you missed it, I wanted to highlight a few important points.

- DSM 5 is working away from categorical classification and toward dimensional classification, viewing diagnoses on a continuum as opposed the presence or absence of a diagnosis.
- The childhood disorder section was removed. This was done to reduce confusion of such diagnoses being misunderstood as only childhood disorders.

- Substance Abuse & Dependence were combined to Substance Use and include "craving" symptom.
- Gambling Disorder has been added.
- Phobias no longer exclude children.
- Dysthymia is now Persistent Depressive Disorder.
- PTSD is more explicit of "trauma" definition.
- Autistic Disorder, Asperger's Disorder and Childhood Disintegrative Disorder now fall under the single diagnosis of Autism Spectrum Disorder (ASD)
- **Multi-axial Diagnosing has been removed.**
- **V-codes are now termed Z-codes.**
- **GAF scoring has been eliminated.**
- **By October 2014, all healthcare coding will switch to ICD 10 coding.** DSM 5 has included ICD 10 codes for each diagnosis.
- **It is recommended that clinicians use whichever DSM edition their facility requires.**

Visit www.DSM5.org for a more exhaustive list of changes.

Our Graduate Assistants have reserved a copy of the presentation's Power Point slides in the Big Room. Feel free to drop in and check them out!

~Bri Cortez