

**Loyola University New Orleans**  
**College of Nursing and Health**  
**BSN-DNP and MSN-FNP Check Off**  
**INTEGRATED PHYSICAL EXAM GRADING RUBRIC**

<b>Introduction/General Survey</b>	
Introduces self to patient	1
Provides explanation of physical exam	1
General survey of patient's condition (affect, orientation, coordination)	1
<b>Total</b>	<b>3</b>
<b>Hair, Skin, and Nails</b>	
Inspects and palpates hair of the upper and lower extremities	1
Inspects and palpates skin of the upper and lower extremities	1
Inspects and palpates nails of the upper and lower extremities	1
<b>Total</b>	<b>3</b>
<b>Head, Face, Neck, Lymph, Thyroid</b>	
Inspects and palpates head/face	1
Inspects and palpates neck	1
Inspects and palpates all lymph nodes	2
Inspects and palpates trachea	2
Inspects and palpates thyroid with swallow	2
Palpates carotid pulses one at a time	2
Auscultates carotid arteries (bruits)	2
Auscultates temporal arteries (bruits)	2
CN XI (accessory nerve) tested	2
<b>Total</b>	<b>16</b>
<b>Eyes</b>	
Inspects and palpates eyes	1
Visual acuity tested	2
Corneal light reflex and pupils tested	2
Six cardinal fields tested	2
<b>Total</b>	<b>7</b>
<b>Ears</b>	
Inspects and palpates ears	2
<b>Total</b>	<b>2</b>
<b>Nose and Sinuses</b>	
Inspects nasal cavity with light source	2
Inspects and palpates frontal and maxillary sinuses and TMJ joint	2
Test nasal patency	2
<b>Total</b>	<b>6</b>
<b>Mouth, Tongue, Teeth, and Pharynx</b>	
Inspects and palpates mouth and pharynx with light source	2
Inspects teeth	1
CN IX (glossopharyngeal) and CN X (vagus) tested	2

CN XII (hypoglossal) tested	2
<b>Total</b>	<b>6</b>
<b>Respiratory</b>	
Anterior chest Inspects for symmetry and movement Palpates for tactile fremitus Percusses with correct technique Auscultates symmetrically	2
Posterior/lateral chest Inspects for symmetry and movement Palpates for tactile fremitus Percusses with correct technique Auscultates symmetrically	2
Egophony	2
Whispered pectoriloquy	2
<b>Total</b>	<b>8</b>
<b>Cardiovascular</b>	
Inspects for visible pulsations or lifts	1
Palpates PMI and heaves, thrills	2
Auscultates in all five cardiac areas with diaphragm and bell	2
<b>Total</b>	<b>5</b>
<b>Abdomen</b>	
Follows correct exam sequence- Inspection, Auscultation, Percussion, Palpation	1
Inspects for shape, contour, symmetry	1
Auscultates bowel sounds in all four quadrants	2
Auscultates bruits (abdominal aorta, renal, iliac arteries)	2
Percusses in each quadrant, spleen and liver	2
Percusses kidneys (CVA tenderness assessed)	2
Palpates using light and deep palpation	2
<b>Total</b>	<b>12</b>
<b>Lower extremities</b>	
Palpates capillary refill of lower extremities	1
Palpates peripheral edema of lower extremities	1
Palpates popliteal, posterior tibial, and dorsalis pedis pulse	2
Active ROM of lower extremities- hip, knee, ankle	1
Muscle strength of the hips, knees, and ankles	1
Vibratory sensation	2
Plantar, patellar, and achilles reflex assessed	2
Heel to shin tested	2
<b>Total</b>	<b>12</b>
<b>Upper extremities</b>	
Palpates capillary refill of upper extremities	1
Palpates peripheral edema of upper extremities	2
Palpates radial and brachial pulses	2
Active ROM of lower extremities- shoulder, elbow, wrist, fingers	2

Muscle strength of the neck, shoulder, elbow, and hands	1
Rapid alternating movements	1
Finger to nose/finger to finger	2
Biceps, triceps, and brachioradialis reflex assessed	2
<b>Total</b>	<b>13</b>
<b>Spine</b>	
Inspect posture for alignment of extremities and spine	1
Inspect gait, walk heel to toe, or walk on heels/toes and pronator drift	1
Active ROM of spine	1
Scoliosis test	1
Romberg's test	1
<b>Total</b>	<b>5</b>
<b>General Organization of Physical Exam</b>	
Physical exam is organized and flows smoothly	1
Student explains procedures and provides clear directions to patient	1
<b>Total</b>	<b>2</b>
<b>TOTAL POINTS EARNED FOR THE PHYSICAL EXAM</b>	<b>/100</b>