



**LOYOLA
UNIVERSITY
NEW ORLEANS**

CHI SIGMA IOTA
ALPHA PHI CHAPTER
LOYOLA UNIVERSITY NEW ORLEANS

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Happy February Everyone!

We're all in the midst of Mardi Gras (and this year, hosting the Super Bowl!) either avoiding or catching every parade and block party. Then we'll have St. Patrick's Day, Easter, French Quarter Fest, Cinco de Mayo, Jazz Fest....so on and so forth... *exhale*

This is one of the busiest and most event-filled times in New Orleans and it's easy to get caught up in the frivolity and excitement.. and by all means, enjoy it! That's part of why you're living here, right?

At the same time, how are we honoring our commitments with classes, projects, and clients. Self-care is an important part of being an effective counselor, but so is professional growth. A new year means new conferences, symposiums, talks, workshops, trainings, etc. to prepare for and take advantage of. I strongly encourage everyone to take advantage of the culture, tradition, and singular experiences that only New Orleans can provide; but at the same time be sure to balance that with professional opportunities that will help you grow in your knowledge and scope as a counselor. And whatever that unique balance may be for each of you... laissez les bon temps rouler!

Calendar of Upcoming Events

February

11-15: Mardi Gras Break
14-16: LAMFT Conference

March

22: Comps (written)
20-24: ACA Conference
25-29: Easter Break

Series on
**RELIGIONS OF
THE WORLD**

Becca Bourgeios will be hosting a series featuring guest speakers who will discuss Judaism, Christianity, Islam, Hinduism, and Buddhism. These sessions will take place on Tuesdays at 1:00 in Mercy Hall Room 205 (Conference Room). Please contact Becca at rabourge@loyno.edu for more information.

Sincerely,
Matthew Watson
President, Chi Sigma Iota: Alpha Phi Chapter



Chi Sigma Iota Eligibility

Students are invited to join CSI during the Fall and Spring Semesters. Consideration is based on the following criteria from our chapter by-laws:

4.1 The following shall be deemed eligible for membership in the Society through endorsement of their chapter:

4.1.1 Students: Those students who are enrolled in a counselor education program leading to graduate degrees (Master's, specialist, or doctorate).

4.1.1.1 They shall have completed the equivalent of at least one full academic term (semester or quarter) of counseling courses carrying approved graduate credit as defined by the institution and are deemed promising for endorsement as a professional counselor whose ethical judgment and behavior will be exemplary.

4.1.1.2 They must have maintained an overall scholastic grade point average of 3.5 or better (on a 4.0 system), or the equivalent, while enrolled in the program.

Congratulations to the students who presented at the Loyola Graduate Research Symposium on January 22, 2013 and thank you for representing the Department of Counseling



**Reminder:
Have a fun and safe
Mardi Gras!**



2012-2013 CSI Board

President:	Matthew Watson
President Elect:	Leigh Boyer
Secretary:	Kathleen Hancock
Treasurer:	Lisa Chew
Parliamentarian/ Historian:	Mary DePartout
Alumna at Large:	Stephanie Ducros

Call for Submissions

Is there a topic in counseling that you want to spread the word about? Here is your chance!

We are currently accepting article proposals for the next issue.

Send your ideas to Mary DePartout at mdeparto@loyno.edu.

We look forward to hearing what you have to say!



Events

CSI After Hours at Publiq House January 6, 2013



Your Chi Sigma Iota board (minus Stephanie Ducros)



Dorie Deats and Maria Cicio having a good time



Jesse Roessler and Stephanie Spengel cheers-ing



Brandie Hicks, Stephanie Koch, and Summer Kennan enjoying counseling fellowship

Nate Koch striking a pose



A few GASs relaxing outside of the Big Room

NAMI College Challenge Champion Celebration January 17, 2013



Together to celebrate Loyola's victory in the 2012 National Alliance on Mental Illness (NAMI) Walk College Challenge were Justin Genovese, Katie Bowman, Lisa Chew, Jesse Roessler, Mary DePartout, Leigh Boyer, and Matthew Watson.

Participants and contributors were invited to celebrate and share in the prizes that included a pasta dish donated by Superior Seafood, rolls and king cake from Rouses, and a trophy!

Everyone's generosity helped NAMI earn the \$25,000 Grand Prize from the Drew Brees Foundation

If you could not make it to the celebration, thank you for your support of NAMI!