



CHI SIGMA IOTA
ALPHA PHI CHAPTER
LOYOLA UNIVERSITY NEW ORLEANS



LOYOLA
UNIVERSITY
NEW ORLEANS

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Hi Everybody!

I hope none of you are too stressed out as we come to the end of the semester. This weekend, the Counseling Department's largest class ever will be graduating. With this graduation, the department will be saying good-bye to Christine Bagala, Shawn Allen Boyd, Lisa Chew, Basem Darwish, Mary DePartout, Ari Evans, Caitlyn Galjour, Jill Glenney, Walesa Kanarek, Nate Koch, Melody Baker Marks, Danielle Newton, Allison Phillips, Allison Proctor, Nicole Snyder, and Matthew Watson, and myself. These sixteen students have become great friends of mine of the years and despite my excitement for graduation, I am sad to see everyone in this little family go their own ways. It has been a joy to get to know you all over the course of my three years here, and I look forward to hearing about all the great things you accomplish in the future.

Sincerely,

Secretary, Chi Sigma Iota: Alpha Phi Chapter



Calendar of Upcoming Events

May

2: Last day of classes

6-9: Final Exams

9: Graduation celebration

11: Commencement

27: University Holiday (Memorial Day)

June

None so far!

Chi Sigma Iota Eligibility

Students are invited to join CSI during the Fall and Spring Semesters. Consideration is based on the following criteria from our chapter by-laws:

4.1 The following shall be deemed eligible for membership in the Society through endorsement of their chapter:

4.1.1 **Students:** Those students who are enrolled in a counselor education program leading to graduate degrees (Master's, specialist, or doctorate).

4.1.1.1 They shall have completed the equivalent of at least one full academic term (semester or quarter) of counseling courses carrying approved graduate credit as defined by the institution and are deemed promising for endorsement as a professional counselor whose ethical judgment and behavior will be exemplary.

4.1.1.2 They must have maintained an overall scholastic grade point average of 3.5 or better (on a 4.0 system), or the equivalent, while enrolled in the program.



Active Minds at Loyola University New Orleans celebrated National Stress Out Day on May 2, 2013. The objective of the event is to spread awareness about stress and anxiety

during the final weeks of the semester. Members of the organization provided students on campus with information on "stress busters," studying tips, and how to cope with the cognitive distortion "catastrophizing." They also offered free henna tattoos and gave away hand-made stress balls. For more information on Active Minds, please visit www.activeminds.org.

Reminder:

The graduation Celebration will be Thursday, May 9th at 7:30 in the Audubon Room of the Danna Center

2012-2013 CSI Board

President:	Matthew Watson
President Elect:	Leigh Boyer
Secretary:	Kathleen Hancock
Treasurer:	Lisa Chew
Parliamentarian/	
Historian:	Mary DePartout
Alumna at Large:	Stephanie Ducros

Call for Submissions

Is there a topic in counseling that you want to spread the word about? Here is your chance!

We are currently accepting article proposals for the next issue.

Send your ideas to Mary DePartout at mdeparto@loyno.edu.

We look forward to hearing what you have to say!



Department of Counseling Annual Crawfish Boil
April 6, 2013





Events

KIPP Visits the Department of Counseling

April 24, 2013



Stephanie Spengel, Chloe Kingery, Becca Bourgeois, Kaitlin Short, Michelle Gay, and Frances Beck engaged one of KIPP (Knowledge is Power Program) Leadership Primary's kindergarten class in the Big Room. Each KIPP kindergarten class is named after a local university. The "Loyola" class visited the Department of Counseling to learn about college life. Our department shared their experiences of learning, projects, activities, and making friends. The students had the opportunity to explore how they could continue to develop and show their excellence, love, and growth in college. Current counseling student and KIPP intern Melody Baker Marks and Loyola Counseling graduate Mariel DeLamatre chaperoned the field trip.

Chi Sigma Iota After Hours at The Other Bar

April 25, 2013





ANNOUNCEMENTS

Jobs

Lisa Chew '13
Assistant Director
Womanspace Louisiana
New Orleans, LA

Jerrilyn Dixon '12
Career Counselor
Tougaloo College
Jackson, MS

Other

Jerrilyn Dixon '12
Mississippi College
Doctoral Student of
Professional Counseling

Nasima Khan Awarded International Student Scholarship

Nasima Khan, currently pursuing a MS in Counseling, has been awarded this year's International Student Scholarship. The scholarship is awarded each year to a student in F-1 status, with a 3.0 minimum grade point average who has demonstrated significant contributions to cultural understanding and awareness at Loyola. Financial need and academic merit are also considered. The recipient is selected by a committee of faculty, staff and students.

Nasima has only been at Loyola since August, but she has already managed to make a big impact both in and out of the classroom. In the classroom, Nasima stands out as an exceptional student. As one of her professors states, "Since entering our program in 2012 she has consistently established herself as a valuable member of her academic cohort. She has maintained a 4.0 grade point average and consistently displays excellence in the classroom." She has also contributed academically to her program by getting involved in a student-faculty collaborative effort aimed at evaluating and recreating the curriculum in her department. And, Nasima has been very actively involved in a weekly inter-faith religious forum and dialogue dedicated to increasing religious and cultural understanding in her program and at Loyola.

Nasima's multicultural background has helped her facilitate these discussions. As Nasima says, "My life experiences, international travels, and multilingual upbringing have shaped my identity and given me a globalized perspective which I actively share with the campus community." She was born and raised in London, which is where her parents migrated following their departure from Bangladesh shortly after a civil war. In addition, she is married to a Canadian Pakistani, which has helped to broaden her viewpoint of other traditions. Her husband, Adil, is an assistant professor in Loyola's Religious Studies department. Aside from English, Nasima speaks Bengali fluently and can communicate in Arabic and Urdu. She has lived in Ireland for two years and traveled extensively throughout Europe, North America, and South Asia. Nasima is also an active member of the Loyola chapter of Active Minds, an organization dedicated to raising awareness of issues related to mental health on college campuses nationwide.

Above all, it is Nasima's way of interacting with others that has perhaps made the greatest impact. As one of her professors states, "Nasima interacts with students and faculty in a way that encourages open conversation regarding her socio-religious background. Additionally, she displays respectful curiosity of those different from herself, often turning what begins as a brief encounter into a meaningful and enriching experience."

While Nasima has excelled during her time at Loyola, she has had some financial difficulties due to restrictions placed on international students in the U.S. She is not able to work off campus and, as an international student, she does not qualify for financial aid from the U.S. government. The Center for International Education is very happy to award the International Student Scholarship in the amount of \$750 to Nasima Khan.

(Article from <http://css.loyno.edu/counseling/achievements-research/nasima-khan-receives-international-student-scholarship>)



Nasima and Adil