



ALPHA PHI CHAPTER OF CHI SIGMA IOTA

LOYOLA UNIVERSITY NEW ORLEANS

VISIT OUR WEBSITE: css.loyno.edu/counseling JOIN US ON ORGSYNC: Alpha Phi Chapter of Chi Sigma Iota
FRIEND US ON FACEBOOK: Loyola Counseling FOLLOW US ON TWITTER: Loyola NO Counseling

January 2015

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Calendar of Upcoming Events

January

- 7: Spring classes begin
19: Martin Luther King Day (Holiday)
21: CSI After Hours

February

- 4: CSI Open Meeting
(CSI members/future members only)
16-20: Mardi Gras (Holiday)
19-21: LAMFT Conference
27-28: LAPT Conference

March

- 11-15: ACA Conference
25: CSI Initiation
30: Easter Holiday begins

The calendar above lists our upcoming events. Take a look to see what's ahead! CSI strives to keep our chapter and department involved — both within the community and amongst ourselves. These events are opportune moments to mingle, toss around ideas, and get to know other professionals. Please feel free to join us and relish the moments every chance you get!



Would you like to continue representing our department even while it's cold out? Well, you're in luck because department outerwear is coming soon! Stay tuned!

LETTER FROM THE BOARD . . .

Greetings Students, Faculty, and Alumni!

Happy New Year and WELCOME, new students! Relax and take a deep breath. The madness of preparing for the holidays has passed us. In many cultures, New Year's is a day of resolution and an opportunity to reflect upon our previous triumphs, challenges, and goals for the upcoming year. More than any other holiday, the way we celebrate New Year's changes with who we are. Our stage of life determines how we spend New Year's Eve and how we spend New Year's Eve also tells us something about what is important to us. Our program often acts as a platform for self-reflection with the support of both professors and peers. My hope is that we can all take the time to identify what is truly important to us. The time we take to embrace what we really want and who we are can enable us to experience the New Year with the motivation to achieve both personal and professional goals.

I'm looking forward to pursuing continued excellence in the counseling field and preserving our Loyola reputation with you!

Cheers,

Nina Stewart

President, Chi Sigma Iota: Alpha Phi Chapter



Chi Sigma Iota Eligibility

Students are invited to join CSI during the Fall and Spring Semesters. Consideration is based on the following criteria from our chapter by-laws:

4.1 The following shall be deemed eligible for membership in the Society through endorsement of their chapter:

4.1.1 **Students:** Those students who are enrolled in a counselor education program leading to graduate degrees (Master's, specialist, or doctorate).

4.1.1.1 They shall have completed the equivalent of at least one full academic term (semester or quarter) of counseling courses carrying approved graduate credit as defined by the institution and are deemed promising for endorsement as a professional counselor whose ethical judgment and behavior will be exemplary.

4.1.1.2 They must have maintained an overall scholastic grade point average of 3.5 or better (on a 4.0 system), or the equivalent, while enrolled in the program.

Call for Submissions

Is there a topic in counseling that you want to spread the word about?

This is your chance! We want to hear it!

We are always accepting article proposals for the next issue.

Send your ideas to Bri Cortez at bncortez@loyno.edu.

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EVENTS



Holiday Potluck - December 4, 2014



Fall 2014 Graduation Celebration

December 11, 2014



*Congratulations to the graduating students,
Brandy Craig, Katie Bowman, Molly Sanders,
Nina Stewart, and Vik Kannan.*



*Nina Stewart received the
Chi Sigma Iota: Alpha Phi Chapter award for
Outstanding Scholarship and Service*



December 2014 Service Event

Members, Xenia Hatxillas and Sarah Finney, (pictured here with New Orleans Salvation Army Area Leaders, David and Dawn Worthy) deliver some of the toys collected from the toy drive CSI Alpha Phi hosted for the Salvation Army.

~ Special thanks to all who contributed!





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ANNOUNCEMENTS

SPRING 2015 OPEN CSI MEETING

On **February 4, 2015**, at **6:00pm** in the **Big Room**, CSI will open it's monthly business meeting to current and prospective CSI members. Matters to be discussed include but are not limited to: upcoming workshops, member initiation, intramural sports, and service events. This is an opportunity to exercise your membership. We hope you'll come share your thoughts and opinions!



Eager to share your research? Want to get a little presentation experience? The Graduate Student Research Symposium (GSRS) is your solution! The GSRS will take place **Tuesday, April 14, 2015** from 11am-2pm in the lobby of the Monroe Library. It is an opportunity for all graduate students to present their completed or preliminary research in a poster board style presentation forum. Counseling students have traditionally had the largest turnout for this event, and we would really like to encourage even more presentations this year. To reserve your space for the GSRS, please refer to the email you received from Dianna Whitfield, fill out the attached registration form and send it to: counselingdept@loyno.edu

Registration deadline is March 30.

On **March 21 at 9am** in **Audubon Park**, our counseling department will participate in the annual **Walk MS**. Walk MS 2015 is a fundraising event which supports the research for a cure to Multiple Sclerosis. In the past, the counseling department's contributions and participation with this event have been bountiful. We pride ourselves in our dedication to the community and this event is no exception.

Please consider joining our team—**Loyola Counseling Crew!**

Visit www.nationalmssociety.org or click [here](#) to register with or donate to our team.



Walk 2015

Upcoming Conference Information

**Louisiana Association for Marriage & Family Therapists
2015 Annual Conference** "Psychotherapeutic Alternatives to Medication"
Where: Baton Rouge, Louisiana When: February 19-21, 2015
www.lamft.org

**Louisiana Association for Play Therapy
2015 Annual Conference**
Where: New Orleans, Louisiana When: February 27-28, 2015
www.la4pt.org

**American Counseling Association
2015 Annual Conference**
Where: Orlando, Florida When: March 12-15, 2015
www.counseling.org

**Louisiana Counseling Association
2015 Annual Conference**
Where: Baton Rouge, Louisiana When: September 27-29, 2015
www.lacounseling.org



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LAGNIAPPE

MARDI GRAS 2014

What would a Carnival Season Newsletter be without a Parade Schedule?
Mardi Gras is one of the unique aspects of our exceptional city!
Check out the dates below and plan accordingly.

| Saturday, January 31, 2015 | | |
|--------------------------------|-----------|----------------|
| Krewe du Vieux (Mature themed) | 6:30 p.m. | French Quarter |
| Sunday, February 1, 2015 | | |
| Krewe of Little Rascals | Noon | Metairie |
| Krewe of Perseus | 1:00 p.m. | Slidell |
| Friday, February 6, 2015 | | |
| Krewe of Cork | 6:00pm | French Quarter |
| Krewe of Oshun | 6:00 p.m. | Uptown |
| Krewe of Cleopatra | 6:30 p.m. | Uptown |
| Krewe of Eve | 7:00 p.m. | Mandeville |
| Krewe of Excalibur | 7:00 p.m. | Metairie |
| Krewe of Atlas | 7:30 p.m. | Metairie |
| Saturday, February 7, 2015 | | |
| Adonis | 11:45a.m. | Westbank |
| Knights of Nemesis | 1:00 p.m. | Chalmette |
| Krewe of Pontchartrain | 1:00 p.m. | Uptown |
| Krewe of Choctaw | 1:30 p.m. | Uptown |
| Krewe of Freret | 2:00 p.m. | Uptown |
| 'tit Rex | 5:00 pm | Marigny |
| Krewe of Chewbacchus | 6:00 pm | Marigny |
| Knights of Sparta | 6:00 p.m. | Uptown |
| Krewe of Pygmallion | 6:45 p.m. | Uptown |
| Krewe of Caesar | 6:00 p.m. | Metairie |
| Krewe of Olympia | 6:00 p.m. | Covington |
| Krewe of Titans | 6:30 p.m. | Slidell |
| Sunday, February 8, 2015 | | |
| Krewe of Carrollton | Noon | Uptown |
| Krewe of King Arthur | 12:30 pm | Uptown |
| Krewe of Alla | 1:00 p.m. | Uptown |
| Krewe of Dionysus | 1:00 p.m. | Slidell |
| Krewe of Barkus | 2:00 pm | French Quarter |
| Wednesday, February 11, 2015 | | |
| Krewe of Druids | 6:30 p.m. | Uptown |
| Krewe of Nyx | 7:00 p.m. | Uptown |

| Thursday, February 12, 2015 | | |
|-----------------------------------|-----------|----------|
| Knights of Babylon | 5:45 pm | Uptown |
| Knights of Chaos | 6:15 pm | Uptown |
| Knights of Muses | 6:30 pm | Uptown |
| Friday, February 13, 2015 | | |
| Krewe of Hermes | 6:00 p.m. | Uptown |
| Krewe d'Etat | 6:30 p.m. | Uptown |
| Selene | 6:30 p.m. | Slidell |
| Morpheus | 7:00 p.m. | Uptown |
| Centurions | 7:00 p.m. | Metairie |
| Saturday, February 14, 2015 | | |
| Krewe of NOMTOC | 10:45 am | Westbank |
| Krewe of Iris | 11:00 am | Uptown |
| Krewe of Tucks | 12:00 pm | Uptown |
| Krewe of Endymion | 4:15 pm | Mid-City |
| Krewe of Isis | 6:30 p.m. | Metairie |
| Sunday, February 15, 2015 | | |
| Krewe of Okeanos | 11:00a.m. | Uptown |
| Krewe of Mid-City | 11:45p.m. | Uptown |
| Krewe of Thoth | Noon | Uptown |
| Krewe of Bacchus | 5:15 p.m. | Uptown |
| Krewe of Napoleon | 5:00 p.m. | Metairie |
| Monday, February 16, 2015 | | |
| Krewe of Proteus | 5:15 p.m. | Uptown |
| Krewe of Orpheus | 6:00 p.m. | Uptown |
| Tuesday, February 17, 2015 | | |
| Krewe of Zulu | 8:00 a.m. | Uptown |
| Krewe of Rex | 10:00a.m. | Uptown |
| Elks Orleanians (Truck Parade) | Follows | Uptown |
| Crescent City (Truck Parade) | Follows | Uptown |
| Krewe of Grela | 10:00a.m. | Gretna |
| Krewe of Argus | 10:00a.m. | Metairie |
| Krewe of Jefferson (Truck Parade) | Follows | Metairie |
| Elks Jeffersonians (Truck Parade) | Follows | Metairie |

LPC Supervisors

Are you a soon-to-be graduate, recent graduate, newly employed Counselor Intern, or simply looking for a change in supervisors? If you're searching for a supervisor, we can aid in your search. Here's the information for a supervisor currently accepting supervisees.

Check back regularly!

Tina Chaisson

LPC-S, NCC, NCSC
Telephone: 504-473-2959
tchaisson@cox.net

ACTIVE CSI Members: Ann Abbrecht · Jessica Alvendia · Caitlin Bach · Katie Bowman · Leigh Boyer · Kristen Centanni · Maria Cicio · Bri Cortez · Eleanor Cushenberry · Lesley DeMartin · John A. Dewell · Christine Ebrahim · Chelsea Faught · Lauren Finan · Sarah Finney · Marlin Giacona · Suzanne Hammel · Kerry Hegarty · Carly Herron · Brandie Hicks · Lynsey Hinnenkamp · Blaire Hirstius · Summer Keenan · Nasima Khan · Tracy Kinamore · Steffie Koch · Justin Levitov · Megan Loos · Megan Mathews · Molly Sanders · Marinn Mehrtens · Heidi Molbak · Sharon Mole · Ben Ng · Jessica Nystrom · Fran Phares · Tina Robinson · Nina Stewart · Sean Tate · Meredith Vizzini · Becca Weingard · **THANK YOU!**