



# ALPHA PHI CHAPTER OF CHI SIGMA IOTA LOYOLA UNIVERSITY NEW ORLEANS

VISIT OUR WEBSITE: [css.loyno.edu/counseling](http://css.loyno.edu/counseling)  
JOIN US ON ORGSYNC: Alpha Phi Chapter of Chi Sigma Iota  
FRIEND US ON FACEBOOK: Loyola Counseling  
FOLLOW US ON TWITTER: Loyola NO Counseling

**Chi Sigma Iota  
2014-2015  
Outstanding  
Chapter Newsletter**

February 2015

## INSIDE THIS ISSUE:

- Page 1 Letter from the Board  
Calendar of Events  
CSI Eligibility Guidelines  
Reminders  
Call for Submissions  
Page 2-3 Events / Announcements  
Page 4 Lagniappe

## Calendar of Upcoming Events

### February

- 16-20: Mardi Gras Holiday  
19-21: LAMFT Conference  
25: CSI Open Meeting  
(CSI members/future members only)  
26: CSI After Hours @ Dat Dawg  
27-28: LAPT Conference

### March

- 11-15: ACA Conference  
21: Walk MS, 9:00am  
25: CSI Initiation/Board Nominations  
30: Easter Holiday begins

### April

- 7: Classes Resume  
10: Comprehensive Exams  
11: Spring Crawfish Boil  
14: Research Symposium  
18: NCE  
30: Last Day of Classes



Eager to share your research? Want to get a little presentation experience? The Graduate Student

Research Symposium (GSRs) is your solution! The GSRs will take place **Tuesday, April 14, 2015** from 11am-2pm in the lobby of the Monroe Library. It is an opportunity for all graduate students to present their completed or preliminary research in a poster board style presentation forum. Counseling students have traditionally had the largest turnout for this event, and we would really like to encourage even more presentations this year. Ask a GA for registration information.

**Registration deadline is March 30.**

## LETTER FROM THE BOARD . . .

Greetings, students, faculty and alums!

As I am sure you know, the carnival season is upon us, and with this brings to mind fond childhood memories. Being brought up in New Orleans, Mardi Gras was always a fun time for friends and family alike to get together and celebrate life. Going to parades with my siblings, trying to catch the most beads, dancing in the streets, and eating Popeye's fried chicken are just a few recollections I have of this yearly celebration.

While I enjoyed Mardi Gras as a youngster, as a Catholic I always knew Lent was right around the corner. My mind would be preoccupied with what I was going to give up for forty days... abbreviations, nail polish, and peanut butter were a few of the Lenten highlights for me. However, silly as this may sound, the idea of doing or giving up something intentionally to better focus on self-growth is probably one of the reasons I desire to be a counselor.

My hope is that this might encourage self-reflection in order to see where growth is needed in your life. Thus, may this Mardi Gras season be one of merriment but also lead to a more peaceful you. *Laissez les bons temp rouler!*

Yours truly,

Sarah Finney

President-Elect, Chi Sigma Iota: Alpha Phi Chapter



## Chi Sigma Iota Eligibility

Students are invited to join CSI during the Fall and Spring Semesters. Consideration is based on the following criteria from our chapter by-laws:

4.1 The following shall be deemed eligible for membership in the Society through endorsement of their chapter:

4.1.1 **Students:** Those students who are enrolled in a counselor education program leading to graduate degrees (Master's, specialist, or doctorate).

4.1.1.1 They shall have completed the equivalent of at least one full academic term (semester or quarter) of counseling courses carrying approved graduate credit as defined by the institution and are deemed promising for endorsement as a professional counselor whose ethical judgment and behavior will be exemplary.

4.1.1.2 They must have maintained an overall scholastic grade point average of 3.5 or better (on a 4.0 system), or the equivalent, while enrolled in the program.

## Call for Submissions

Is there a topic in counseling that you want to spread the word about?

This is your chance! We want to hear it!

We are always accepting article proposals for the next issue.

Send your ideas to [Bri Cortez at bncortez@loyno.edu](mailto:Bri.Cortez@loyno.edu).

**LOYOLA  
UNIVERSITY  
NEW ORLEANS**



# ALPHA PHI CHAPTER OF CHI SIGMA IOTA LOYOLA UNIVERSITY NEW ORLEANS

VISIT OUR WEBSITE: [css.loyno.edu/counseling](http://css.loyno.edu/counseling)  
JOIN US ON ORGSYNC: Alpha Phi Chapter of Chi Sigma Iota  
FRIEND US ON FACEBOOK: Loyola Counseling  
FOLLOW US ON TWITTER: Loyola NO Counseling

February 2015

## EVENTS

### CSI After Hours



**January 21, 2015**

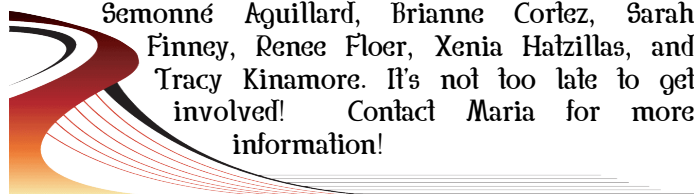
**Students gathered at Mark Twain's  
Pizza Landing in Metairie for CSI's  
monthly dose of After Hours!**

### Professional Development Workshop Spring 2015

This workshop will be designed to address the business side of counseling—advocating for the profession and ourselves so that we can develop our practices and ultimately garner greater monetary success.

Tentative agenda includes a keynote speech, panel discussion and break-out sessions.

Maria Cicio ([macicio@loyno.edu](mailto:macicio@loyno.edu)) is spearheading this endeavor with help from fellow students, Semonné Aquillard, Brianne Cortez, Sarah Finney, Renee Floer, Xenia Hatzillas, and Tracy Kinamore. It's not too late to get involved! Contact Maria for more information!



## ANNOUNCEMENTS

**UPDATE**

**SPRING 2015**

### OPEN CSI MEETING

On **February 25, 2015**, at **7:15pm** in the **Big Room**, CSI will open it's monthly business meeting to current and prospective CSI members. Matters to be discussed include but are not limited to: upcoming workshops, member initiation, intramural sports, and service events. This is an opportunity to exercise your membership. We hope you'll come share your thoughts and opinions!



### 2015 LAPT Annual Conference

*"The Many Faces of Play Therapy"*

The Louisiana Association for Play Therapy hosts a two day conference which offers seminars and workshops that can be applied toward Registered Play Therapist certification. A great opportunity for those interested in pursuing a career in play therapy!

When: February 27-28, 2015

Where: Danna Center, Loyola University  
New Orleans

Visit [www.la4pt.org](http://www.la4pt.org) for more information.

On **March 21 at 9am** in **Audubon Park**, our counseling department will participate in the annual **Walk MS**. **Walk MS 2015** is a fundraising event which supports the research for a cure to Multiple Sclerosis. In the past, the counseling department's contributions and participation with this event have been bountiful. We pride ourselves in our dedication to the community and this event is no exception.

Please consider joining our team—**Loyola Counseling Crew!**

Visit [www.nationalmssociety.org](http://www.nationalmssociety.org) or click [here](#) to register with or donate to our team.



Walk 2015





# ALPHA PHI CHAPTER OF CHI SIGMA IOTA LOYOLA UNIVERSITY NEW ORLEANS

VISIT OUR WEBSITE: [css.loyno.edu/counseling](http://css.loyno.edu/counseling)  
JOIN US ON ORGSYNC: Alpha Phi Chapter of Chi Sigma Iota  
FRIEND US ON FACEBOOK: Loyola Counseling  
FOLLOW US ON TWITTER: Loyola NO Counseling

February 2015

## ANNOUNCEMENTS

# *Congratulations!*



Dr. Justin Levitov, Prof. Kevin Foose, and Maria Cicio received LCA's 2014 Best in Show for their presentation "Differentiation Through the Lens of Mindfulness." As such, they have been invited to repeat this presentation at LCA's 2015 Conference which will be held September 27-29, 2015 in Baton Rouge, Louisiana.



Nina Stewart received CSI's Outstanding Service to the Chapter Award and Alpha Phi received CSI's Outstanding Chapter Newsletter Award. Nina and newsletter editor, Brianne Cortez, will attend CSI Day 2015 to receive these awards. CSI Day 2015 is scheduled to take place March 12-14, 2015 in Orlando, Florida.

## Upcoming Conference Information

**Louisiana Association for Marriage & Family Therapy  
2015 Annual Conference** "Psychotherapeutic Alternatives to Medication"  
Where: Baton Rouge, Louisiana When: February 19-21, 2015  
[www.lamft.org](http://www.lamft.org)

**Louisiana Association for Play Therapy  
2015 Annual Conference**  
Where: New Orleans, Louisiana When: February 27-28, 2015  
[www.la4pt.org](http://www.la4pt.org)

**American Counseling Association  
2015 Annual Conference**  
Where: Orlando, Florida When: March 12-15, 2015  
[www.counseling.org](http://www.counseling.org)

**Louisiana Counseling Association  
2015 Annual Conference**  
Where: Baton Rouge, Louisiana When: September 27-29, 2015  
[www.lacounseling.org](http://www.lacounseling.org)

Good luck to those  
presenting at  
upcoming conferences!

Dr. John Dewell & Prof. Kevin Foose  
*Louisiana Association for Marriage & Family Therapy*  
Laura Pignato  
*Louisiana Association for Play Therapy*



# ALPHA PHI CHAPTER OF CHI SIGMA IOTA

## LOYOLA UNIVERSITY NEW ORLEANS

VISIT OUR WEBSITE: [css.loyno.edu/counseling](http://css.loyno.edu/counseling)  
JOIN US ON ORGSYNC: Alpha Phi Chapter of Chi Sigma Iota  
FRIEND US ON FACEBOOK: Loyola Counseling  
FOLLOW US ON TWITTER: Loyola NO Counseling

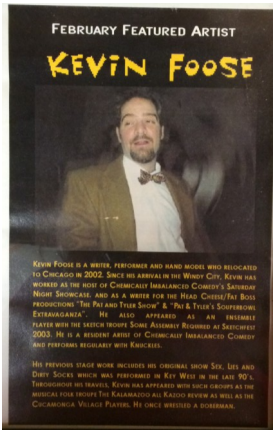
February 2015

### LAGNIAPPE



## DID YOU KNOW?

Professor Kevin Foose was a stand-up comedian before entering the counseling field! Ironic as it may seem, he says the skills needed for stand-up comedy have been an asset in his counseling practice. Take a gander at these nostalgic pieces which can still be spotted in his office!



## MARDI GRAS 2014

What would a Carnival Season Newsletter be without a Parade Schedule?  
Check out the dates below and plan accordingly.

Thursday, February 12, 2015		
Knights of Babylon	5:45 pm	Uptown
Knights of Chaos	6:15 pm	Uptown
Knights of Muses	6:30 pm	Uptown
Friday, February 13, 2015		
Krewe of Hermes	6:00 p.m.	Uptown
Krewe d'Etat	6:30 p.m.	Uptown
Selene	6:30 p.m.	Slidell
Morpheus	7:00 p.m.	Uptown
Centurions	7:00 p.m.	Metairie
Saturday, March 1, 2014		
NOMTOC	10:45a.m.	Westbank
Iris	11:00a.m.	Uptown
Tucks	Noon	Uptown
Saturday, February 14, 2015		
Krewe of NOMTOC	10:45 am	Westbank
Krewe of Iris	11:00 am	Uptown
Krewe of Tucks	12:00 pm	Uptown
Krewe of Endymion	4:15 pm	Mid-City
Krewe of Isis	6:30 p.m.	Metairie

Sunday, February 15, 2015		
Krewe of Okeanos	11:00a.m.	Uptown
Krewe of Mid-City	11:45p.m.	Uptown
Krewe of Thoth	Noon	Uptown
Krewe of Bacchus	5:15 p.m.	Uptown
Krewe of Napoleon	5:00 p.m.	Metairie
Monday, February 16, 2015		
Krewe of Proteus	5:15 p.m.	Uptown
Krewe of Orpheus	6:00 p.m.	Uptown
Tuesday, February 17, 2015		
Krewe of Zulu	8:00 a.m.	Uptown
Krewe of Rex	10:00a.m.	Uptown
Elks Orleanians (Truck Parade)	Follows	Uptown
Crescent City (Truck Parade)	Follows	Uptown
Krewe of Grela	10:00a.m.	Gretna
Krewe of Argus	10:00a.m.	Metairie
Krewe of Jefferson (Truck Parade)	Follows	Metairie
Elks Jeffersonians (Truck Parade)	Follows	Metairie

## LPC Supervisors

Are you a soon-to-be graduate, recent graduate, newly employed Counselor Intern, or simply looking for a change in supervisors? If you're searching for a supervisor, we can aid in your search. Here's the information for a supervisor currently accepting supervisees.

Check back regularly!

## Tina Chaisson

LPC-S, NCC, NCSC

Telephone: 504-473-2959

[tchaisson@cox.net](mailto:tchaisson@cox.net)

**ACTIVE CSI Members:** Ann Abbrecht · Semonné Aguiard · Jessica Alvendia · Caitlin Bach · Katie Bowman · Leigh Boyer · Kristen Centanni · Maria Cicio Lanier Clement · Bri Cortez · Tom Cowan · Eleanor Cushenberry · Lesley DeMartin · John A. Dewell · Christine Ebrahim · Chelsea Faught · Lauren Finan · Sarah Finney · Marlin Giacona · Jenn Glynn · Suzanne Hammel · Kerry Hegarty · Carly Herron · Brandie Hicks · Lynsey Hinnenkamp · Blaire Hirstius · Summer Keenan · Nasima Khan · Tracy Kinamore · Steffie Koch · Joe LeBlanc · Devin Leivo · Justin Levitov · Megan Loos · Megan Mathews · Molly Sanders · Marinn Mehrtens · Heidi Molbak · Sharon Mole · Ben Ng · Jessica Nystrom · Fran Phares · Jen Price · Tina Robinson · Nina Stewart · Sean Tate · Meredith Vizzini · Becca Weingard

• THANK YOU!