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December 2013

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Calendar of Upcoming Events

December

5: Holiday Potluck / Initiation Ceremony, 7pm

13: Fall Semester's End / Winter Break

16: Grades posted

January

6: Spring Classes Begin

10: COMPS Applications due

16: Back to School Bash (tentative)

20: MLK Birthday—University Holiday

TBA: Service event

2013-2014 CSI Board

President: Leigh Boyer President Elect: Nina Stewart Kaitlin Short Secretary: Treasurer: Jesse Roessler

Parliamentarian/

Bri Cortez Historian: Alumnus at Large: Matt Watson

*If you have any questions pertaining to CSI, contact one of your Board Members.



LETTER FROM THE ${\sf BOARD}$. . .

Greetings Students, Faculty, and Alumni!

For one more year, the Department of Counseling has made tremendous strides. We have participated in service events, presented at conferences, and spread mental health awareness to others. During this time of reflection, I hope you feel just as blessed as I do to be amongst all of the great students, professors, and staff. As we reflect on the year that has passed and approach a new year, reflect on what we, CSI and the Department of Counseling, can do to continue to make a difference in our community. Then, share your ideas with others and the CSI board. With all the talent of all the individuals in our department, we can CHANGE THE WORLD (Yes, the world!!)! I look forward to seeing all of you in the Spring for another great semester.

Happy Holidays!!

Leigh Boyer

President, Chi Sigma Iota: Alpha Phi Chapter



Chi Sigma lota Eligibility

Students are invited to join CSI during the Fall and Spring Semesters. Consideration is based on the following criteria from our chapter bylaws:

- 4.1 The following shall be deemed eligible for membership in the Society through endorsement of their chapter:
 - 4.1.1 Students: Those students who are enrolled in a counselor education program leading to graduate degrees (Master's, specialist, or doctorate).
 - 4.1.1.1 They shall have completed the equivalent of at least one full academic term (semester or quarter) of counseling courses carrying approved graduate credit as defined by the institution and are deemed promising for endorsement as a professional counselor whose ethical judgment and behavior will be exemplary.
 - 4.1.1.2 They must have maintained an overall scholastic grade point average of 3.5 or better (on a 4.0 system), or the equivalent, while enrolled in the program.

Call for Submissions

Is there a topic in counseling that you want to spread the word about? This is your chance! We want to hear it! We are always accepting article proposals for the next issue.

Send your ideas to Bri Cortez at bncortez@loyno.edu.





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ANNOUNCEMENTS

should you join CS

With tuition, books, and the holidays, finances are a big stressor in a lot of our lives. So, if students have to spend money on so many other things, why should Chi Sigma Iota (CSI) be one of them?! Well... I will tell you!!

- 1. STUDENT GOVERNMENT ASSOCIATION (SGA) Thanks to our previous president, Matt Watson, we are now able to request funds from SGA. This includes a \$100 rebate on the NCE/other examinations OR \$100 rebate towards a computer program (ex: Microsoft Office) per member. SGA is also willing to pay for 1 student per semester for any conference in the United States (the upcoming ACA conference is in Hawaii - who doesn't want a paid for business AND pleasure trip?! We can only send one student per semester- and that student may be YOU!)
- 2. Networking and job opportunities if you are planning on practicing here or moving, being involved and connected to CSI is a great way to look for jobs after graduation and be connected to counselors in your area... wherever it may be!
- 3. Looks great on a resume! Whether you are looking for internship or job placements, an impressive resume will separate you from the competition!
- 4. Upcoming events with other Louisiana CSI chapters in order to uphold Loyola's incredible reputation in the community, it is important to socialize with other schools and professionals. CSI is a great opportunity for this!
- 5. Advocacy Mental Health Counseling is a relatively new field and we are in the process of advocating for ourselves within the mental health profession. For example, the VA will hire social workers, psychologists, and psychiatrists... I don't know about you, but I get angry thinking about great professional counselors being overlooked for jobs. In order to advocate for our profession, we must unite and develop a strong professional identity. CSI creates lots of opportunities for this. If you would like more information about this and other current issues, visit http://www.counseling.org/public-policy/current-issues.

Many members need to renew to receive these and other benefits. To renew and learn more about what CSI has to offer, visit http://www.csi-net.org/

If u have any questions, please contact Leigh Boyer at mlboyer@loyno.edu

Our department wished a farewell to Dr. Michael Saussaye during our Holiday Potluck. I know I speak for some, if not all, of us when I say that you, Dr. Mike, have left an impression in the time that you have been a part of our department. You are a very kind person with warmth that exudes in all that you do. This is not goodbye. We will see you soon.

- Bri Cortez



Save the Date!

Your CSI Department is currently planning a Back to School Bash when we return for the Spring semester. We are anticipating a semester equally as enjoyable as the Fall, so please join us as we kick it off!

> Tentative Date: January 16, 2014 @ 8:00pm (Further details to be announced.)



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EVENTS





Another Opportunity for &UNV

Students from one section of the Intro to Clinical Mental Health course pose for a fun picture with their artful mandalas. What a relaxing way to end the semester!

Very Jungian, y'all!

Fall 2013 Graduation Celebration December 5, 2013

Congratulations, Jessica Alvendia! We wish you well as you pursue your career goals.





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EVENTS (CONT.)



CSI Induction Ceremony

December 5. 2013

(from top left) Marinn Mehrtens,

Megan Mathews, Carly Herron, Fran Phares,

KC Flaker, Brandie Hicks, Megan Loos,

Maria Cicio, Chelsea Faught, Kerry Hegarty.

Meredith Vizzini, and Steffie Koch

Holiday Potluck - December 5, 2013



















Boys Hope Girls Hope Junior Board held their Annual Holiday Party on December 6, 2013. Matt Watson (Alumnus and BHGH Junior Board member), Shaina Spector (who won a Drew Brees signed photograph), and Stephan Jemmot attended the event. All proceeds directly benefit the organization, which is dedicated to helping children-in-need meet their full academic potential.