

## Matthew T. Watson, LPC-S, RPT

### Curriculum vitae

Tulane University  
Box 66, 2000 Stern Hall  
6400 Freret Street  
New Orleans, LA 70118

Email: [mwatson2@tulane.edu](mailto:mwatson2@tulane.edu)  
Email: [mtwatson@loyno.edu](mailto:mtwatson@loyno.edu)  
Office Phone: 504.862.8913

### Education

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2018–Present **PhD Candidate**, Tulane Brain Institute, Neuroscience – Tulane University  
2010–2013 **M.S.**, Clinical Mental Health Counseling – Loyola University New Orleans

### Research & Teaching Experience

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- 2019–Present **Doctoral Research** with Dr. Jeffrey Tasker  
Tulane Brain Institute, Dept. of Cell & Molecular Biology  
*Circuit and cellular level consequences of stress in the basolateral amygdala*
- 2019 **Research Rotation** with Dr. Jonathan Fadok  
Tulane Brain Institute, Dept. of Psychology  
*Appetitive and aversive fear learning*
- 2019 **Research Rotation** with Dr. Ricardo Mostany  
Tulane School of Medicine, Dept. of Pharmacology  
*Biomarkers of Alzheimer's in the cortex and hippocampus of the aging brain*
- 2018 **Research Rotation** with Dr. Stacy Drury  
Tulane School of Medicine, Dept. of Psychiatry  
*Effect of ACES on transgenerational biomarkers of stress and biological aging*
- 2015–Present **Adjunct Faculty**, Dept. of Counseling, Loyola University – *New Orleans, LA*  
*Graduate-Level Courses include:*
- Research & Statistical Methods in Counseling (CNSL A702)
  - Lifespan & Development (CNSL A725)
  - Clinical Assessment & Psychometrics (CNSL A776)
  - Diagnostics & Treatment (CNSL A855)
  - Psychopathology in Counseling (CNSL A857)
  - Counseling Practicum (CNSL A865)
  - Counseling Internship (CNSL A866)
- 2018–Present **Adjunct Faculty\* & Teaching Assistantships**, Tulane University – *New Orleans, LA*  
*Undergraduate Courses include:*
- Introductory Psychology\* (PSYC 1000)
  - Brain & Behavior\* (PSYC 3300)
  - Systems Neuroscience (CELL 3320)
  - Biological Psychology Lab (NSCI 4515)
  - Psychopharmacology Lab (NSCI 4535)

### Clinical Experience

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2013–Present Clinical Therapist, Private Practice  
2013–2016 Clinical Therapist, Jewish Family Service of Greater New Orleans  
2014–2015 School Counselor, Jewish Community Day School  
2012–2013 Graduate Student Counselor, Trinity Counseling & Training Center

### Professional Presentations & Peer-Reviewed Publications

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2023 – *Gq activation in cholecystinin-positive interneurons in the basolateral amygdala ablates fear behavior in adolescent mice during extinction following a reminders model of traumatic stress.* Poster at The Society for Neuroscience International Conference. Washington D.C.

2022 – *Increased hypervigilance, startle response, and fear memory retention in an adolescent mouse reminders model of traumatic stress.* Poster at The Society for Neuroscience International Conference. San Diego, CA.

2020 – *The Neuroscience of Stress: Current Research and Future Directions.* Seminar Session at Louisiana Association of Marriage and Family Therapists Conference. Baton Rouge, LA.

Watson, M. T., Stern, N. M., & Foster, T. W. (2012). Helping parents and adoptees through the adoption process using group work. *The Family Journal*, 20(4), 433-440.  
<https://doi.org/10.1177/1066480712451254>

2012 – *Helping Parents Through the Adoption Process Using Group Work.* Seminar Session at Louisiana Counseling Association Conference. Lake Charles, LA

2012 – *Reactive Attachment Disorder: An Integrative Examination of Etiology, Diagnosis, and Treatment.* Loyola University Research Symposium. New Orleans, LA

2011 – *Facilitating the Adoption Process: Systems-Based Considerations for Counselors.* Loyola University Research Symposium. New Orleans, LA

### Invited Talks & Lectures

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January 2020 Neuroscience in a clinical context.  
*Neuroscience Applied*, Tulane University

March 2019 Neuroscience implications of clinical counseling professions.  
*Careers in Health Science*, Tulane University

### Licenses & Certifications

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2018 Louisiana Board Approved Supervisor (LPC-S)  
2016 Licensed Professional Counselor (LPC)  
2016 Registered Play Therapist (RPT)  
2013 Nationally Certified Counselor (NCC)

**Awards**

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- 2013     Counseling Research Excellence Award  
*Loyola University New Orleans*
- 2013     Chi Sigma Iota: Alpha Phi Chapter Honor Society Award for Scholarship and Service  
*Loyola University New Orleans*

**Professional Associations**

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- Society for Neuroscience
- American Counseling Association
- Association for Play Therapy
- Louisiana Association for Marriage and Family Therapists