

# Dr. T'Airra Belcher

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## EDUCATION

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**Old Dominion University** Norfolk, VA  
*PhD, Education, CACREP-Accredited* May 2019  
Concentration: Counselor Education and Supervision  
Dissertation: Reshaping counselor education: The identification of influential factors of multisystemic therapy.  
Advisor: Dr. Brown

**Old Dominion University** Norfolk, VA  
*Master of Science in Education, CACREP-Accredited* May 2014  
Concentration: Clinical Mental Health Counseling

**James Madison University** Harrisonburg, VA  
*Bachelor of Arts in Psychology* May 2012  
*Centennial Scholars Recipient*

## LICENSES AND CERTIFICATIONS

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National Certified Counselor, NCC # 340593 Certified August 2014  
Licensed Professional Counselor, LPC(VA) # 0701007952 Effective October 2018  
Certified Clinical Mental Health Counselor, CCMHC # 340593 Certified May 2019  
Licensed Professional Counselor, LPC(LA) # 9023 Effective November 2019

## ACADEMIC EXPERIENCES

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**Loyola University**-College of Nursing and Health  
Assistant Professor of Counseling August 2019- Current

**Old Dominion University**- College of Education and Profession Studies  
Graduate Student Professor August 2016-May 2019

## PUBLICATIONS

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### *Peer-Reviewed Publications*

- Johnson, K.F., **Belcher, T. W.**, Zimmerman, B., & Franklin, J. (2020). Interprofessional partnerships involving school counsellors for children with special needs: A broad-based systematic review using the PRISMA framework. *Support for Learning, 32(1)*, 43-67. <https://doi.org/10.1111/1467-9604.12285>
- Sparkman-Key, N., Vajda, A., & **Belcher, T.** (2020). Advancing human services education: Exploratory study of international service-learning and digital pedagogy. *Journal of Service Learning in Higher Education, 10*, 29-45.
- Borden, N., **Belcher, T.**, Rivas, F., & Ricks, S.A. (In Press). Bringing social movements into human services classrooms: Movements and human services education. *Journal of Human Services, 38*.

### *Accepted- Pending Publication Dates*

### *Under Review*

Sparkman-Key, N., **Belcher, T.**, & Borden, N. E-Portfolio: Advancing human services education through technology. *Journal Human Services*.

### ***In Preparation***

**Belcher, T.**, Brown, N., Richels, C., & Sparkman-Key, N. A Meta-analysis of the effectiveness of Multisystemic therapy on four juvenile delinquency variables.

Dice, T., Byrd, R., & **Belcher, T.** Human services trainees' perspectives of experiential learning in an addictions course.

## **PRESENTATIONS**

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### ***Peer-Reviewed Presentations***

#### **International**

Lund, S. & **Belcher, T.** (2019, September). College student-athletes: Mental health needs, attitudes, diversity, and interventions among the population. The European Branch of the American Counseling Association International Conference, Vienna, Austria.

#### **National**

**Belcher, T.** (2020, February) Reshaping counselor education: The identification of influential factors on multisystemic therapy. Law and Ethics in Counseling Conference, New Orleans, LA.

Borden, N., **Belcher, T.**, Rivas, F., & Ricks, S.A. (2019, March) Bringing social movements into the classroom: Broaching the topic of current social justice movements. American Counseling Association National Conference, New Orleans, LA.

**Belcher, T.**, Lund, S., & Vajda, A. (2017, October). *Forging a path to empathy in a divided America: Teaching multicultural counseling*. Association for Counselor Education and Supervision National Conference, Chicago, IL.

Lund, S., & **Belcher, T.** (2018, February). *Meeting the unique mental health needs of college student-athletes: Integrating our services*. American College Counseling Association Annual Conference, Charlotte, NC.

Vajda, A., Fernandes, S., & **Belcher, T.** (2017, July). *Counseling Implications for working with undocumented Latino youth*. American Mental Health Counselors Association National Conference, Washington, D.C.

#### **Regional**

**Belcher, T.** (2018, October). *Where do we go from here? Creating inclusive spaces for African-American women in CES programs*. Southern Association for Counselor Education and Supervision, Myrtle Beach, SC.

#### **State**

**Belcher, T. & Ebrahim, C.** (2020, January). *Navigating Ethical Issues in Supervision*. Presentation to the New Orleans area Practicum and Internship site supervisors through Loyola University New Orleans. New Orleans, LA.

**Belcher, T.** (2018, November). *A review of intensive in home in Virginia and potential new direction*. Virginia Counselor Association, Norfolk, VA.

**Belcher, T.**, & Lund, S. (2018, February). *Empathy 101: You don't know what you don't know*. Virginia Counselors Education and Supervision Annual Conference, Lynchburg, VA

- Belcher, T., & Borden, N.** (2018, February). *Where do we go from here? Creating spaces for African-American women in counselor education and supervision programs.* Virginia Counselors Education and Supervision Annual Conference, Lynchburg, VA
- Horton-Parker, R., & **Belcher, T.** (2018, November). *May they all flourish! Creating a trans-friendlier world for children, adolescents, and adults.* Virginia Counselor Association, Norfolk, VA.
- Horton-Parker, R., & **Belcher, T.** (2017, November). *Please don't forget the T (in LGBTQ, that is!): Understanding and collaboratively advocating for trans individuals.* Virginia Counselors Association Annual Convention, Williamsburg, VA.
- Horton-Parker, R., & **Belcher, T.** (2017, November). *What will happen to us? Strategies to collaboratively reduce fear and anxiety while promoting inclusion and social justice in an uncertain world.* Virginia Counselors Association Annual Convention, Williamsburg, VA.
- Horton-Parker, R., Dustin, J. (in absentia), & **Belcher, T.** (2016, November). *This is what transgender looks like! What you need to know to be an effective counselor and advocate for trans individuals.* Virginia Counselors Association Annual Convention, Williamsburg, VA.
- Vajda, A., Fernandes, S., & **Belcher, T.** (2017, February). *Counseling gay Latinos: Addressing the complexities of multidimensional identities.* Virginia Association for Counselor Education and Supervision Conference, Norfolk, VA.
- Belcher, T. (2017, Fall). *Interventions to use with At-Risk youth.* Old Dominion University. Norfolk, VA.

## **TEACHING EXPERIENCE**

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### **Loyola University New Orleans**

#### **Department of Counseling**

Master's level courses

#### **Spring 2020**

- Diagnostics (A855)
- Diagnostics (A855)
- Internship (A866)

#### **Fall 2019**

- Clinical Assessment and Psychometrics (A776)
- Introduction to Clinical Mental Health Counseling (A835)
- Multicultural Counseling (842)

### **Old Dominion University**

August 2016 – May 2019

#### **Department of Counseling and Human Services**

- Master's level courses Co-Instructor:
  - Mental Health Counseling (30911)
  - Introduction to Supervision (18045)
- Undergraduate courses Instructor of Record:
  - Substance Abuse Treatment & Research (29311)
  - Family Guidance (24119)
  - Interventions and Advocacy with Children (10674)
- Undergraduate courses Co-Instructor: (29311)
  - Diversity Issues-Human Services (24179)
  - Family Guidance Online (32414)

- Interpersonal Relations Online (34440)
- Intro to Human Services Online (13115)
- Intro to Substance Abuse Online (32405)

## **EMPLOYMENT & CLINICAL EXPERIENCES**

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### **Therapist**

New Orleans, LA

*Private Practice*

January 2020- Current

- Established private practice and requirements for state of Louisiana
- Conduct clinical assessment and utilize clinical judgement
- Establish and maintain rapport and professional relationship with clients
- Develop treatment plans, complete case notes, and monitor progress

### **Clinical Assessor**

Norfolk, VA

*Kaleidoscope Counseling and Case management*

October 2017 – June 2019

- Conduct clinical assessment for Intensive In-Home services
- Establish rapport and professional relationship with clients
- Develop treatment plans
- Provide family therapy to families to maintain
- Conduct risk-assessments and mental health evaluations for individuals seeking intensive in-home therapy.

### **Career and Academic Resource Center**

#### **Human Services Undergraduate Advisor**

Norfolk, VA

*Old Dominion University*

August 2016-August 2017

*Co-Director*

August 2017-Present

- Provided academic and career advising to a caseload of approximately 100 human services undergraduate students.
- Met with students at least once a semester to discuss and develop academic and career plans.
- Ensured students were meeting departmental and university requirements.
- Developed academic plans for students who failed to meet academic requirements.
- Coordinated with various campus offices, such as educational accessibility, to ensure advisees were receiving the appropriate accommodations in class.
- Developed and delivered at least 1 workshop per semester on topics including study skills and stress management to facilitate academic success.
- Assisted in the training of 1-2 new advisors each semester.
- Facilitated advising sessions for new student and transfer student orientations
- Maintained up-to-date advising records through an online database

### **Program Therapist**

Richmond, VA

*Hallmark Youthcare*

September 2015 – September 2016

- Provided residents and their families with weekly case management.
- Conducted psychotherapy through daily individual and family therapy sessions.
- Completed psychosocial assessments, strengths assessments, and behavioral support plans for individualized treatment.
- Led specialized group therapy sessions in areas of psychoeducation, general process, chemical dependency, and trauma.
- Implemented best practices, evidenced-based practice models where appropriate, and adhered to program expectations.
- Provide individual therapy on locked extended- and sub-acute mental health units.

**Behavioral Health Specialist***Good Neighbor Community Services*Richmond, VA  
July 2014 – September 2015

- Provided Intensive In-Home Counseling to children addressing mental health concerns.
- Advocated for clients to increase their overall functioning.
- Created treatment plans and executed appropriate interventions for children and adults.
- Effectively communicated with community agencies to make referrals.

**Community Services Board Resident***Community Services Board*Norfolk, VA  
July 2014 – September 2015

- Provided Intensive In-Home Counseling to children addressing mental health concerns.
- Advocated for clients to increase their overall functioning.
- Created treatment plans and executed appropriate interventions for children and adults.
- Effectively communicated with community agencies to make referrals.

**RESEARCH & SCHOLARLY ACTIVITIES**

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**Research Assistant***Old Dominion University*

January 2017 – Present

- Conducted quantitative and qualitative research on human services experiences with digital pedagogy.
- Utilized systematic review to research the role of interprofessional partnerships within school counseling.
- Identified core issues and concerns with navigating current political climate in the human services classroom
- Assisted in determining the multicultural components of advising graduate level students with a focus on international students.

**CLINICAL SUPERVISION EXPERIENCE**

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**Supervisor***Old Dominion University*Norfolk, VA  
January 2017 – Present

- Provide individual, triadic and group supervision for master's level advanced psychotherapy techniques and skills course.
- Simulate role play to increase learning and comfort of skills.
- Serve as group leader for process group for 6 human services undergraduates students
- Focus on interpersonal communication skills, interpersonal awareness, and empathic responding

**MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS**

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- American Counseling Association (ACA)
- Association for Counselor Education and Supervision (ACES)
- Association for Gay, Lesbian, Bisexual, and Transgender Issues in Counseling (ALGBTIC)
- American College Counseling Association (ACCA)
- Virginia Counselors Association (VCA)
- Virginia Association for Counselor Education and Supervision (VACES)
- Chi Sigma Iota (CSI) International Honors Society, Omega Delta Chapter at Old Dominion University

## **SERVICE**

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### **Loyola University**

#### **College of Nursing and Health**

- Dean Search Committee

October 2019- Current

#### **Department of Counseling**

- Chi Sigma Iota- Co-Advisor

August 2019- Current

### **Mentor**

August 2017-Present

#### *Old Dominion University*

- Provide mentorship to first- and second-year students in the doctoral program.
- Plan activities to engage students and welcome them to campus community.

### **President-Elect, Chi Sigma Iota**

May 2017 – May 2018

#### *Old Dominion University*

- Support all committees of the chapter in the execution of CSI International Requirements.
- Plan end of semester recognition program for all graduate, family members, faculty, staff and award winners.
- Organized fundraiser programs for the chapter in the community.

### **President, Chi Sigma Iota**

May 2018 – Present

#### *Old Dominion University*

- Finalize budget for 2018-2019 academic year.
- Organize board meetings to plan and prepare for the academic year.
- Addressed successes and shortcomings as a chapter during previous years.
- Identified with board ways to reignite the passion and drive of the chapter

## **PROFESSIONAL DEVELOPMENT/CLINICAL TRAININGS ATTENDED**

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- Suicide assessment
- Sexual assault
- PTSD
- Health issues of women